

Genetics:

- disease profile
- hereditary height profile
- ageing process

Nutrition:

- during window period
- bone health

Socio-economic:

- social class
- household income
- education
- family size
- urban vs rural
- housing
- overcrowding
- sanitation
- access to food and clean water

**MAXIMAL HEIGHT =
Maximal genetic
growth potential**

Environmental:

- environmental stress factors
- infectious disease
- sport, physical activity

Supplemental Figure 10: Maximal height