**Supplemental Table 1. Comparison of the median salt content of food products for which sodium was labelled between 2010 and 2014**

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| --- | --- |
|  | **Sodium content (mg/100g)** |
|  | **2010** | **2014** |  |
|  | **Median (range)** | **Median (range)** | **Difference (95%CI)** |
| **Bread and bakery products** | 200 (1-11420) | 268 (2-4000) | +68 (-147 to -3) |
| Biscuits | 205 (1-1770) | 213 (6-764) | +8 (-73 to +64) |
| **Cereal and grain products** | 38 (0-7000) | 249 (0-7250) | +211 (-309 to -135)\* |
| Indian breakfast products | 885 (1-2100) | 934 (0-2110) | +49 (-374 to +344) |
| Breakfast cereal | 170 (0-7000) | 229 (2-2100) | +59(-161 to +26) |
| Noodles | 133 (1-2142) | 586 (21-7250) | +453 (-871 to +158) |
| **Confectionery** | 36 (0-2200) | 67 (0-347) | +31 (-57 to -4)\* |
| **Convenience foods** | 581 (1-9970) | 500 (0-5378) | -81 (-85 to +247)  |
| Ready meals | 480 (0-9970) | 415 (0-1400) | -65 (-32 to +152) |
| Soup | 3877 (0-7520) | 908 (180-5378) | -2969 (+1100 to +4838)\* |
| **Dairy and dairy alternatives** | 67 (0-1521) | 166 (0-2000) | +99 (-250 to +24) |
| Processed cheese |  1229(12-1521) |  1000 (840-1730) | -229 (-117 to +557) |
| **Edible oils and oil emulsions** | 0 (0-1048) | 0 (0-1048) | NA |
| **Fish and fish products** | 376 (50-600) | 433 (38-887) | +57 (-221 to +93) |
| Canned fish | 398 (50-600) | 439 (48-870) | +41 (-201 to +108) |
| **Fruit and vegetables** | 60 (0-17690) | 170 (0-8000) | +110 (-200 to -30)\* |
| Canned vegetables | 10 (37-630) | 200 (0-384) | +190 (+81 to +298)\* |
| Pickled vegetables | 1475 (10-3790) | 1500 (1-8000) | +25 (-735 to +485) |
| Herbs and spices | 330 (0-17690) | 530 (0-8000) | +200 (-565 to +165) |
| **Meat and meat products** | 158 (0-2381) | 432 (2-1000) | +274 (-622 to +220) |
| **Non-alcoholic beverages** | 10 (0-1210) | 20 (0-957) | +10 (-18 to -2)\* |
| **Sauces and spreads** | 520 (0-11200) | 876 (0-21218) | +347 (-582 to -111)\* |
| Meal based sauces | 530 (0-11200) | 669 (179-21218) | +139 (-1212 to +835) |
| Table sauces | 458 (10-7720) | 1061 (1-2400) | +603 (-924 to -268)\* |
| **Snack foods** | 476 (0-2500) | 610 (0-2300) | +134 (-225 to -15)\* |
| Extruded snacks | 330 (125-650) | 429 (105-1179) | +99 (-623 to +815) |
| Indian snack food | 595 (0-2500) | 600 (0-2000) | +5(-7 to +54) |
| **Sugars, honey and related products** | 4 (0-7400) | 7 (0-400) | +3 (-20 to +14) |
| **Special foods** | 180 (39-565) | 156 (57-788) | -24 (-24 to +72) |

\* p<0.05