**Food categories**

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| **Foods specific for infant and toddlers (formula and baby food)** | **Common foods (adult type)** |
| **1. Starter formula**  **2. Follow-on formula**  **3. Specific milk drinks ready to use** (infant formula mixed with cereals, vegetables, fruit or cocoa)  **4. Growing-up milk** | 1. **Cow’s milk** (whole, half skimmed, condensed) 2. **Milk drinks and flavoured milk** 3. **Milk from other animal species** (sheep and goat, donkey) **and drinks from non-animal sources (**soy, almond, chestnut, rice…) |
| **5. Dairy** (yogurt for infants, "petit-suisse", curd) | 1. **Dairy** (yogurt, "petit-suisse", curd) with or without sugar, flavour or fruits |
| **6. Other dairy** (dessert, flans, cream) | 1. **Other dairy** (dessert, flans, cream) |
|  | 1. **Cheese** |
| **7. Cereal for infants** | 1. **Breakfast cereals and cereal bars** |
|  | 1. **Bread** |
| **8. Biscuits for infants** | 1. **Biscuits and cookies** |
| **9.Milk soup** (infant formula mixed with vegetables and/or starch) | 1. **Soup** (homemade, canned, dehydrated) |
| **10. Vegetables and starch** (rice, pasta, wheat, potatoes, lentils …) | 1. **Vegetables** |
|  | 1. **Potatoes** |
|  | 1. **Other starch sources** (rice, pasta, semolina, wheat, quinoa, bulgur, corn, dried peas and beans...) |
| **11. Meat** | 1. **Ham and meat** |
| **12. Vegetables with meat** |  |
|  | 1. **Eggs** |
| **13. Vegetables with fish** | 1. **Fish** |
|  | 1. **Delicatessen** (excluding ham) |
|  | 1. **Ready to use meal** |
| **14. Crushed fruits and compote** | 1. **Fruits** |
| **15. Fruit or vegetables juice** | 1. **Fruit or Vegetable juice** |
|  | 1. **Soft drinks** (sodas, nectars, syrup, flavoured water) |
|  | 1. **Vegetable oil and margarine** |
|  | 1. **Animal fat** (butter, cream) |
|  | 1. **Sweets** |
|  | 1. **Salt** |
|  | 1. **Sauce** (ketchup, mayonnaise) |
|  | 1. **Water** |
| **16. Vanilla or cocoa powder** | 1. **Chocolate powder** |
| **17. Miscellaneous specific infant’s food** | 1. **Miscellaneous** |