**Food categories**

|  |  |
| --- | --- |
| **Foods specific for infant and toddlers (formula and baby food)** | **Common foods (adult type)** |
| **1. Starter formula** **2. Follow-on formula** **3. Specific milk drinks ready to use** (infant formula mixed with cereals, vegetables, fruit or cocoa)**4. Growing-up milk** | 1. **Cow’s milk** (whole, half skimmed, condensed)
2. **Milk drinks and flavoured milk**
3. **Milk from other animal species** (sheep and goat, donkey) **and drinks from non-animal sources (**soy, almond, chestnut, rice…)
 |
| **5. Dairy** (yogurt for infants, "petit-suisse", curd) | 1. **Dairy** (yogurt, "petit-suisse", curd) with or without sugar, flavour or fruits
 |
| **6. Other dairy** (dessert, flans, cream) | 1. **Other dairy** (dessert, flans, cream)
 |
|  | 1. **Cheese**
 |
| **7. Cereal for infants** | 1. **Breakfast cereals and cereal bars**
 |
|  | 1. **Bread**
 |
| **8. Biscuits for infants**  | 1. **Biscuits and cookies**
 |
| **9.Milk soup** (infant formula mixed with vegetables and/or starch) | 1. **Soup** (homemade, canned, dehydrated)
 |
| **10. Vegetables and starch** (rice, pasta, wheat, potatoes, lentils …) | 1. **Vegetables**
 |
|  | 1. **Potatoes**
 |
|  | 1. **Other starch sources** (rice, pasta, semolina, wheat, quinoa, bulgur, corn, dried peas and beans...)
 |
| **11. Meat** | 1. **Ham and meat**
 |
| **12. Vegetables with meat**  |  |
|  | 1. **Eggs**
 |
| **13. Vegetables with fish** | 1. **Fish**
 |
|  | 1. **Delicatessen** (excluding ham)
 |
|  | 1. **Ready to use meal**
 |
| **14. Crushed fruits and compote** | 1. **Fruits**
 |
| **15. Fruit or vegetables juice** | 1. **Fruit or Vegetable juice**
 |
|  | 1. **Soft drinks** (sodas, nectars, syrup, flavoured water)
 |
|  | 1. **Vegetable oil and margarine**
 |
|  | 1. **Animal fat** (butter, cream)
 |
|  | 1. **Sweets**
 |
|  | 1. **Salt**
 |
|  | 1. **Sauce** (ketchup, mayonnaise)
 |
|  | 1. **Water**
 |
| **16. Vanilla or cocoa powder** | 1. **Chocolate powder**
 |
| **17. Miscellaneous specific infant’s food** | 1. **Miscellaneous**
 |