

Supplementary Material

Supplementary Table 1: Supporting table for Australian Commonwealth governments document analysis against the NOURISHING framework

(a)

			Australian 2020 Summit - A long-term national health strategy	National Partnership Agreement on Preventive Health	Obesity in Australia	National Preventive Health Strategy	A response to Australia: the Healthiest Country by 2020	Eat for Health Program	Obesity in Australia	National Nutrition Policy for Australia	National Strategic Framework for Chronic Conditions	Overarching Program Logic
		National Documents										
		Year	2008	2008	2009	2009	2010	2013	2013	2013	2017	2018
		Publisher	DPMC	COAG	H&R	NPHT	AFG	NHMRC	AFG	QUT	AHMAC	DOH
		Target Audience	Government/Policy Makers	✓	✓	✓	✓	✓	✓	✓	✓	✓
		Health Professionals/Organisations	✓			✓	✓	✓	✓	✓	✓	✓
		Industry/Industry Groups					✓	✓	✓	✓	✓	✓
		General Population					✓	✓	✓	✓	✓	✓
		Terms of Reference	Overweight/Obesity	✓	✓	✓	✓	✓	✓	✓	✓	✓
		NCD/Chronic Disease/Preventative Health	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
		Food/Nutrition/Healthy Eating	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
		Physical Activity	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Food Environment	Nutrition labelling regulation on food health claims	Mandatory nutrient labels on packaged foods										
		Mandatory labelling of trans fats										
		Clear interpretative and warning labels	1	1						1	1	
		On-shelf labelling										
		Energy and nutrient labelling on menus in food service venues				1					1	
		Warning labels on menus and displays in food service venues										
		Regulation of nutrition claims on food packaging										
	Offered health food choices and set standards in public institutions and other specific settings	Regulation of health claims on food packaging										
		Initiatives promoting fruits & vegetables in childcare centres and schools										
		Mandatory restrictions on unhealthy food availability in childcare centres and schools										
		Mandatory restrictions on unhealthy food availability in the immediate vicinity of childcare centres and school									1	
		Voluntary guidelines for healthy food availability in childcare centres and schools					1					
		Ban on specific vending machines in schools										
		Standards in social support programs					1					
	Use of economic tools to address food affordability and purchase incentives	Standards in other specific locations (eg health facilities, workplaces, sporting venues)			1						1	
		Health -related food taxes	1								1	
		Voluntary health-related food taxes										
		Increasing import tariffs on specified unhealthy foods										
	Restricting food advertisement and other forms of commercial promotion (1/2)	Lowering import tariffs on specified healthy food										
		Targetted subsidies on healthy food				1					1	
Mandatory regulation of broadcast food advertising to children		1		1	1					1		
Mandatory regulation of food advertising through non-broadcast communication or other mediums												
Mandatory regulation on specific marketing techniques					1							
Mandatory regulation of marketing specific food items and beverages				1			1					
Mandatory regulation of food marketing in schools												

(b)

		National Documents	2008	2008	2009	2009	2010	2013	2013	2013	2017	2018	
		Year	2008	2008	2009	2009	2010	2013	2013	2013	2017	2018	
		Publisher	DPMC	COAG	HoR	NPHT	AFG	NHMRC	AFG	QUT	AHMAC	DOH	
Food Environment	Restricting food advertisement and other forms of commercial promotion (2/2)	Mandatory requirement of advertisement inclusivity of health or warning messages											
		Government engagement with industry to develop self-regulation to restrict food marketing to children			1								
		Government support voluntary pledges developed by industry								1			
	Improve nutritional quality of the food supply*	Voluntary reformulation of food products			1	1	1			1	1		1
		Voluntary commitments to reduce portion sizes				1	1						1
		Mandatory limits on levels of salt in food products											
		Mandatory removal of trans fats in food products											
		Limits to high-fat meat product availability											
	Set incentives/rules to create healthy retail and food service environments	Limits on high-sugar food and beverage product availability											
		Incentives and rules for stores to locate in under-served neighbourhoods											
		Initiatives to increase the availability to healthier food in stores and food service outlets											
		Incentives and rules to reduce trans fat in food service outlets											
Incentives and default regulation to offer healthy food options in food service outlets													
Incentives and regulatory restrictions on sugar-sweetened beverage consumption													
Incentives and regulation on reducing salt in food service outlets													
Food System	Harness supply chain & actions across sectors to ensure coherence with health	Planning restrictions on food outlets			1								
		Working with food suppliers to provide healthier ingredients											
		Nutrition standards for public procurement											
		Public procurement through 'short' chains (eg local markets)									1		
		Supply chain incentives for food production											
		Supporting urban agriculture in health and planning policies											
		Community food production											
Behaviour Change Communication	Inform people about food & nutrition through public awareness	Governance structures for multi-sectoral/stakeholder engagement	1	1	1	1			1	1	1	1	
		Development and communication of food-based dietary guidelines							1		1		
		Development and communication of guidelines for specific food groups							1				
		Public awareness, mass media and informational campaigns and social marketing on healthy eating			2	1	1			1	1	1	1
		Public awareness campaigns specific to fruits and vegetables									1		
		Public awareness campaigns concerning specific unhealthy food and beverages									1		
		Public awareness campaigns concerning salt											
		Campaigns to support the effectiveness of other policy actions	2		3		1						

(c)

		National Documents																							
		Year																							
		Publisher																							
Behaviour Change Communication	Nutrition advice and counselling in healthcare settings	Guidelines and programs to provide support in primary care to people who are overweight and obese	1																						
		Nutrition counselling in primary care																							
		Training for health professions	1																						
	Give nutrition education/skills	Nutrition on education curricula	1																						
		Communit-based nutrition education	1																						
		Cooking skills																							
		Initiatives to train school children on growing food																							
		Workplace or community health schemes	1	1	1	3	3																		
		Training for caterers and food service providers																							

Abbreviations: AFG, Australian Federal Government; AHMAC, Australian Health Ministers' Advisory Council; COAG, Council of Australian Governments; DOH, Department of Health; DPMC, Department of the Prime Minister and Cabinet; HFP, Healthy Food Partnership; HoR, House of Representatives; NHMRC, National Health and Medical Research Council; NPAPH, National Partnership Agreement for Preventive Health; NPHT, National Preventative Health Taskforce; QUT, Queensland University of Technology