**Supplementary Table 1**: Regional distribution of household by predominant oils consumed

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Region** | | | | | |
| **Oil** | **North** | **North-East** | **East** | **West** | **South** | **Central** |
| Mustard | 89.2 | 94.7 | 90.1 | 14.2 | 0.1 | 22.4 |
| Groundnut | 0.4 | 0.5 | 0.4 | 12.5 | 13.9 | 1.7 |
| Coconut | 0.0 | 0.0 | 0.0 | 0.2 | 12.4 | 0.2 |
| Refined@ | 10.3 | 4.1 | 8.0 | 57.7 | 55.3 | 74.8 |
| Other\* | 0.1 | 0.6 | 1.5 | 15.4 | 18.2 | 0.9 |

Values represented as %;

**@**Refined oils include – sunflower, safflower, soyabean

\*Others include all other edible oils (ricebran oil, sesame oil, flaxseed (linseed) oil, rapeseed oil, and all other edible oils)

**Regions:** **North-** Himachal Pradesh, Punjab, Uttarakhand , Uttar Pradesh J&K, Chandigarh, Delhi; **North East** - Assam, Sikkim, Nagaland, Meghalaya, Manipur, Mizoram, Tripura and Arunachal Pradesh; **East -** Bihar, Orissa, Jharkhand, and West Bengal; **West -** Rajasthan , Gujarat, Goa and Maharashtra, Dadar & Nagar Haveli, Daman & Diu; **South -** Andhra, Telangana, Karnataka, Kerala and Tamil Nadu , Andaman & Nicobar Island, Lakswadeep; **Central -** Madhya Pradesh and Chhattisgarh;