**Table S1.** The weekly frequency of major food intake among participating youths before and after lockdown

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Variables | Percentage | | | | | | | | | |
|  | High school students | | | Undergraduate students | | | Graduate students | | | All |
|  | Male  (n=678) | Female  (n=2,146) | Total  (n=2,824) | Male  (n=2,106) | Female  (n=4,918) | Total  (n=7,024) | Male  (n=68) | Female  (n=166) | Total  (n=234) | Grand total (n=10,082) |
| **Rice** |  |  |  |  |  |  |  |  |  |  |
| ***Pre-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 7.1 a | 3.6 a | 4.5 a | 11.3 a | 6.7 a | 8.0 a | 13.2 a | 9.6 a | 10.7 a | 7.1 |
| 1-3 | 2.8 a | 4.2 a | 3.9 a | 8.4 a | 11.5 a | 10.6 a | 14.7 a | 11.4 a | 12.4 a | 8.8 |
| 4-6 | 3.2 a | 3.4 a | 3.4 a | 6.3 a | 7.3 a | 7.0 a | 11.8 a | 16.3 a | 15.0 a | 6.2 |
| 7 | 86.9 a | 88.8 a | 88.2 a | 74.0 a | 74.5 a | 74.4 a | 60.3 a | 62.7 a | 61.9 a | 77.9 |
| ***Post-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 6.9 a | 4.5 a\*\*\* | 5.1 a\*\*\* | 12.2 a\*\*\* | 8.6 a\*\*\* | 9.7 a\*\*\* | 16.2 a | 17.5 a\*\*\* | 17.1 a\*\*\* | 8.6\*\*\* |
| 1-3 | 3.5 a | 4.4 a\*\*\* | 4.2 a\*\*\* | 9.0 a\*\*\* | 11.3 a\*\*\* | 10.6 a\*\*\* | 16.2 a | 13.9 a\*\*\* | 14.5 a\*\*\* | 8.9\*\*\* |
| 4-6 | 3.6 a | 4.2 a\*\*\* | 4.0 a\*\*\* | 6.7 a\*\*\* | 7.3 a\*\*\* | 7.1 a\*\*\* | 8.8 a | 14.5 a\*\*\* | 12.8 a\*\*\* | 6.4\*\*\* |
| 7 | 86.0 a | 86.9 a\*\*\* | 86.7 a\*\*\* | 72.1 a\*\*\* | 72.8 a\*\*\* | 72.6 a\*\*\* | 58.8 a | 54.1 a\*\*\* | 55.6 a\*\*\* | 76.1\*\*\* |
| **Wheat products** |  |  |  |  |  |  |  |  |  |  |
| ***Pre-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 17.8 b | 16.6 b | 16.9 a | 17.9 b | 16.8 b | 17.1 a | 27.9 | 22.3 | 23.9 a | 17.2 |
| 1-3 | 45.7 b | 55.6 b | 53.4 a | 44.7 b | 55.0 b | 51.9 a | 35.3 | 56.0 | 50.0 a | 52.2 |
| 4-6 | 12.0 b | 12.3 b | 12.2 a | 15.0 b | 12.3 b | 13.1 a | 14.7 | 10.3 | 11.6 a | 12.9 |
| 7 | 24.5 b | 15.5 b | 17.5 a | 22.4 b | 15.9 b | 17.9 a | 22.1 | 11.4 | 14.5 a | 17.7 |
| ***Post-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 19.9 b | 19.2 b | 19.4 | 18.6 b\*\* | 19.1 b\* | 18.9\*\*\* | 29.4 | 22.9\* | 24.8\*\* | 19.2\*\*\* |
| 1-3 | 41.3 b | 51.2 b | 48.8 | 41.5 b\*\* | 50.4 b\* | 47.8\*\*\* | 30.9 | 46.4\* | 41.9\*\* | 47.9\*\*\* |
| 4-6 | 13.6 b | 12.9 b | 13.0 | 15.8 b\*\* | 13.0 b\* | 13.9\*\*\* | 8.8 | 12.0\* | 11.1\*\* | 13.6\*\*\* |
| 7 | 25.2 b | 16.7 b | 18.8 | 24.1 b\*\* | 17.5 b\* | 19.4\*\*\* | 30.9 | 18.7\* | 22.2\*\* | 19.3\*\*\* |
| **Other staple foods** |  |  |  |  |  |  |  |  |  |  |
| ***Pre-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 43.5 b | 52.1 a, b | 50.0 a | 44.3 b | 47.3 a, b | 46.4 a | 47.0 | 41.0 a | 42.7 a | 47.4 |
| 1-3 | 35.4 b | 35.3 a, b | 35.3 a | 33.4 b | 38.3 a, b | 36.8 a | 30.9 | 44.0 a | 40.2 a | 36.5 |
| 4-6 | 7.4 b | 4.4 a, b | 5.1 a | 8.2 b | 5.8 a, b | 6.5 a | 11.8 | 7.2 a | 8.5 a | 6.1 |
| 7 | 13.7 b | 8.2 a, b | 9.6 a | 14.1 b | 8.6 a, b | 10.3 a | 10.3 | 7.8 a | 8.6 a | 10.0 |
| ***Post-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 43.5 b | 50.7 a, b\*\*\* | 48.9 a\*\*\* | 42.6 b\*\* | 43.4 a, b\*\*\* | 43.2 a\*\*\* | 47.0 | 42.8 a | 44.0 a | 44.8\*\*\* |
| 1-3 | 35.0 b | 35.2 a, b\*\*\* | 35.2 a\*\*\* | 34.1 b\*\* | 39.6 a, b\*\*\* | 37.9 a\*\*\* | 32.4 | 37.3 a | 35.9 a | 37.1\*\*\* |
| 4-6 | 7.4 b | 5.3 a, b\*\*\* | 5.8 a\*\*\* | 8.9 b\*\* | 7.2 a, b\*\*\* | 7.7 a\*\*\* | 10.3 | 7.9 a | 8.6 a | 7.2\*\*\* |
| 7 | 14.1 b | 8.8 a, b\*\*\* | 10.1 a\*\*\* | 14.4 b\*\* | 9.8 a, b\*\*\* | 11.2 a\*\*\* | 10.3 | 12.0 a | 11.5 a | 10.9\*\*\* |
| **Meat** |  |  |  |  |  |  |  |  |  |  |
| ***Pre-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 10.5 b | 13.0 a, b | 12.5 a | 12.1 b | 10.8 a, b | 11.2 a | 13.2 | 9.6 a | 10.7 a | 11.6 |
| 1-3 | 38.5 b | 50.0 a, b | 47.2 a | 31.0 b | 43.5 a, b | 39.8 a | 33.8 | 33.7 a | 33.8 a | 41.7 |
| 4-6 | 18.0 b | 18.8 a, b | 18.6 a | 23.1 b | 19.1 a, b | 20.3 a | 13.3 | 16.9 a | 15.8 a | 19.7 |
| 7 | 33.0 b | 18.2 a, b | 21.7 a | 33.8 b | 26.6 a, b | 28.7 a | 39.7 | 39.8 a | 39.7 a | 27.0 |
| ***Post-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 11.2 b | 14.9 a, b\*\* | 14.0 a\*\* | 13.5 b | 12.0 a, b | 12.4 a | 14.7 | 12.7 a | 13.2 a, b | 12.9\*\* |
| 1-3 | 37.2 b | 49.2 a, b\*\* | 46.3 a\*\* | 29.7 b | 42.0 a, b | 38.3 a | 33.8 | 30.7 a | 31.6 a, b | 40.4\*\* |
| 4-6 | 19.5 b | 17.8 a, b\*\* | 18.2 a\*\* | 23.4 b | 19.4 a, b | 20.6 a | 13.3 | 20.5 a | 18.4 a, b | 19.9\*\* |
| 7 | 32.1 b | 18.1 a, b\*\* | 21.5 a\*\* | 33.4 b | 26.6 a, b | 28.7 a | 38.2 | 36.1 a | 36.8 a, b | 26.8\*\* |
| **Poultry** |  |  |  |  |  |  |  |  |  |  |
| ***Pre-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 27.9 a, b | 38.9 a, b | 36.3 a | 26.1 a, b | 30.4 a, b | 29.1 a | 19.1 a | 17.5 a | 17.9 a | 30.9 |
| 1-3 | 59.0 a, b | 53.1 a, b | 54.5 a | 55.3 a, b | 57.6 a, b | 57.0 a | 52.9 a | 63.3 a | 60.3 a | 56.3 |
| 4-6 | 7.1 a, b | 4.9 a, b | 5.4 a | 10.4 a, b | 7.4 a, b | 8.3 a | 17.6 a | 9.0 a | 11.5 a | 7.6 |
| 7 | 6.0 a, b | 3.1 a, b | 3.8 a | 8.2 a, b | 4.6 a, b | 5.6 a | 10.4 a | 10.2 a | 10.3 a | 5.2 |
| ***Post-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 30.7 b | 41.5 a, b\*\* | 38.9 a\* | 28.7 b | 32.4 a, b | 31.3 a | 27.9 | 17.5 a | 20.5 a | 33.2\* |
| 1-3 | 54.4 b | 50.5 a, b\*\* | 51.4 a\* | 51.4 b | 54.8 a, b | 53.7 a | 47.1 | 61.4 a | 57.3 a | 53.2\* |
| 4-6 | 8.7 b | 4.8 a, b\*\* | 5.8 a\* | 11.0 b | 8.0 a, b | 8.9 a | 13.2 | 12.7 a | 12.8 a | 8.1\* |
| 7 | 6.2 b | 3.2 a, b\*\* | 3.9 a\* | 8.9 b | 4.8 a, b | 6.1 a | 11.8 | 8.4 a | 9.4 a | 5.5\* |
| **Fish** |  |  |  |  |  |  |  |  |  |  |
| ***Pre-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 64.5 a, b | 77.4 a, b | 74.3 a | 59.9 a, b | 68.8 a, b | 66.1 a | 47.0 a | 51.8 a | 50.4 a | 68.1 |
| 1-3 | 29.8 a, b | 20.1 a, b | 22.5 a | 31.7 a, b | 27.6 a, b | 28.8 a | 45.6 a | 39.8 a | 41.5 a | 27.3 |
| 4-6 | 3.2 a, b | 1.6 a, b | 2.0 a | 4.8 a, b | 2.2 a, b | 3.0 a | 7.4 a | 6.6 a | 6.8 a | 2.8 |
| 7 | 2.5 a, b | 0.9 a, b | 1.2 a | 3.6 a, b | 1.4 a, b | 2.1 a | 0 a | 1.8 a | 1.3 a | 1.8 |
| ***Post-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 65.3 a, b | 76.9 a, b | 74.1 a | 59.7 a, b | 65.6 a, b\*\*\* | 63.8 a\*\*\* | 47.1 a | 45.8 a | 46.2 a\* | 66.3\*\*\* |
| 1-3 | 28.6 a, b | 20.2 a, b | 22.2 a | 31.0 a, b | 29.9 a, b\*\*\* | 30.2 a\*\*\* | 42.6 a | 44.0 a | 43.6 a\* | 28.3\*\*\* |
| 4-6 | 3.1 a, b | 1.6 a, b | 2.0 a | 4.9 a, b | 2.7 a, b\*\*\* | 3.4 a\*\*\* | 10.3 a | 7.8 a | 8.5 a\* | 3.1\*\*\* |
| 7 | 3.0 a, b | 1.3 a, b | 1.7 a | 4.4 a, b | 1.8 a, b\*\*\* | 2.6 a\*\*\* | 0 a | 2.4 a | 1 .7 a\* | 2.3\*\*\* |
| **Eggs** |  |  |  |  |  |  |  |  |  |  |
| ***Pre-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 17.4 a, b | 22.8 a, b | 21.5 a | 16.5 a, b | 16.9 a, b | 16.8 a | 10.3 a | 10.8 a | 10.7 a | 18.0 |
| 1-3 | 52.8 a, b | 58.7 a, b | 57.3 a | 44.5 a, b | 48.4 a, b | 47.2 a | 44.1 a | 36.7 a | 38.9 a | 49.8 |
| 4-6 | 15.0 a, b | 10.2 a, b | 11.3 a | 18.3 a, b | 15.5 a, b | 16.3 a | 16.2 a | 13.9 a | 14.5 a | 14.9 |
| 7 | 14.8 a, b | 8.3 a, b | 9.9 a | 20.7 a, b | 19.2 a, b | 19.7 a | 29.4 a | 38.6 a | 35.9 a | 17.3 |
| ***Post-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 18.0 a, b | 22.4 a, b\*\*\* | 21.3 a\*\*\* | 16.6 a, b\*\*\* | 14.8 a, b\*\*\* | 15.4 a\*\*\* | 13.2 a | 11.4 a\*\* | 12.0 a\*\*\* | 17\*\*\* |
| 1-3 | 50.0 a, b | 56.3 a, b\*\*\* | 54.9 a\*\*\* | 41.9 a, b\*\*\* | 45.4 a, b\*\*\* | 44.3 a\*\*\* | 36.8 a | 25.9 a\*\* | 29.1 a\*\*\* | 46.9\*\*\* |
| 4-6 | 16.4 a, b | 12.3 a, b\*\*\* | 13.2 a\*\*\* | 19.3 a, b\*\*\* | 17.6 a, b\*\*\* | 18.1 a\*\*\* | 19.1 a | 18.1 a\*\* | 18.4 a\*\*\* | 16.8\*\*\* |
| 7 | 15.6 a, b | 9.0 a, b\*\*\* | 10.6 a\*\*\* | 22.2 a, b\*\*\* | 22.2 a, b\*\*\* | 22.2 a\*\*\* | 30.9 a | 44.6 a\*\* | 40.5 a\*\*\* | 19.3\*\*\* |
| **Fresh vegetables** |  |  |  |  |  |  |  |  |  |  |
| ***Pre-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 6.1 b | 3.9 a, b | 4.5 a | 8.2 b | 4.4 a, b | 5.5 a | 5.9 | 5.4 a | 5.6 a | 5.2 |
| 1-3 | 21.2 b | 16.4 a, b | 17.5 a | 19.7 b | 19.0 a, b | 19.2 a | 19.1 | 11.4 a | 13.7 a | 18.6 |
| 4-6 | 21.1 b | 17.6 a, b | 18.4 a | 20.7 b | 19.3 a, b | 19.7 a | 19.1 | 14.5 a | 15.8 a | 19.3 |
| 7 | 51.6 b | 62.1 a, b | 59.6 a | 51.4 b | 57.3 a, b | 55.6 a | 55.9 | 68.7 a | 64.9 a | 56.9 |
| ***Post-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 6.8 b | 4.4 a, b\*\* | 4.9 a\* | 8.6 b\* | 3.8 a, b\*\*\* | 5.2 a\*\*\* | 8.8 b | 4.8 a, b | 6.0 a | 5.2\*\*\* |
| 1-3 | 20.4 b | 15.2 a, b\*\* | 16.5 a\* | 17.9 b\* | 16.1 a, b\*\*\* | 16.7 a\*\*\* | 22.1 b | 9.0 a, b | 12.8 a | 16.5\*\*\* |
| 4-6 | 21.3 b | 16.1 a, b\*\* | 17.4 a\* | 20.8 b\* | 18.9 a, b\*\*\* | 19.5 a\*\*\* | 17.6 b | 13.9 a, b | 15.0 a | 18.8\*\*\* |
| 7 | 51.5 b | 64.3 a, b\*\* | 61.2 a\* | 52.7 b\* | 61.2 a, b\*\*\* | 58.6 a\*\*\* | 51.5 b | 72.3 a, b | 66.2 a | 59.5\*\*\* |
| Preserved vegetables | |  |  |  |  |  |  |  |  |  |
| ***Pre-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 39.4 a, b | 55.3 b | 51.5 a | 42.2 a, b | 54.8 b | 51.0 a | 64.7 a | 63.9 | 64.1 a | 51.4 |
| 1-3 | 46.5 a, b | 37.6 b | 39.7 a | 42.0 a, b | 36.0 b | 37.8 a | 22.1 a | 27.7 | 26.1 a | 38.1 |
| 4-6 | 7.2 a, b | 3.6 b | 4.5 a | 7.3 a, b | 4.3 b | 5.2 a | 8.8 a | 3.6 | 5.1 a | 5.0 |
| 7 | 6.9 a, b | 3.5 b | 4.3 a | 8.5 a, b | 4.9 b | 6.0 a | 4.4 a | 4.8 | 4.7 a | 5.5 |
| ***Post-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 41.9 a, b | 54.0 a, b\*\*\* | 51.1 a\*\* | 41.5 a, b\*\*\* | 52.1 a, b\*\*\* | 48.9 a\*\*\* | 58.8 a | 57.1 a\* | 57.6 a\* | 49.7\*\*\* |
| 1-3 | 43.2 a, b | 37. 5 a, b\*\*\* | 38.8 a\*\* | 40.7 a, b\*\*\* | 36.6 a, b\*\*\* | 37.9 a\*\*\* | 29.4 a | 30.8 a\* | 30.4 a\* | 38\*\*\* |
| 4-6 | 7.4 a, b | 4.4 a, b\*\*\* | 5.1 a\*\* | 8.5 a, b\*\*\* | 5.6 a, b\*\*\* | 6.4 a\*\*\* | 5.9 a | 4.8 a\* | 5.1 a\* | 6\*\*\* |
| 7 | 7.5 a, b | 4.1 a, b\*\*\* | 5.0 a\*\* | 9.3 a, b\*\*\* | 5.7 a, b\*\*\* | 6.8 a\*\*\* | 5.9 a | 7.3 a\* | 6.9 a\* | 6.3\*\*\* |
| **Fresh fruit** |  |  |  |  |  |  |  |  |  |  |
| ***Pre-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 12.5 | 9.2 a | 10.0 a | 15.0 b | 8.5 a, b | 10.5 a | 13.3 b | 6.6 a, b | 8.5 a | 10.3 |
| 1-3 | 45.3 | 47.5 a | 47.0 a | 42.4 b | 41.3 a, b | 41.6 a | 38.2 b | 26.5 a, b | 29.9 a | 42.8 |
| 4-6 | 21.4 | 21.2 a | 21.2 a | 23.2 b | 22.0 a, b | 22.4 a | 29.4 b | 26.5 a, b | 27.4 a | 22.2 |
| 7 | 20.8 | 22.1 a | 21.8 a | 19.4 b | 28.2 a, b | 25.5 a | 19.1 b | 40.4 a, b | 34.2 a | 24.7 |
| ***Post-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 13.6 | 10.3 a | 11.1 a | 15.0 b\*\*\* | 8.6 a, b\*\*\* | 10.5 a\*\*\* | 11.8 b | 7.8 a, b | 9.0 a | 10.6\*\*\* |
| 1-3 | 44.4 | 44.9 a | 44.8 a | 39.9 b\*\*\* | 36.9 a, b\*\*\* | 37.8 a\*\*\* | 39.6 b | 19.9 a, b | 25.6 a | 39.5\*\*\* |
| 4-6 | 21.4 | 22.2 a | 22.0 a | 24.1 b\*\*\* | 23.3 a, b\*\*\* | 23.5 a\*\*\* | 26.5 b | 28.3 a, b | 27.8 a | 23.2\*\*\* |
| 7 | 20.6 | 22.6 a | 22.1 a | 21.0 b\*\*\* | 31.2 a, b\*\*\* | 28.2 a\*\*\* | 22.1 b | 44.0 a, b | 37.6 a | 26.7\*\*\* |
| **Soybean products** |  |  |  |  |  |  |  |  |  |  |
| ***Pre-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 42.6 a, b | 54.8 a, b | 51.9 a | 36.1 a, b | 41.1 a, b | 39.5 a | 29.4 a | 29.5 a | 29.5 a | 42.8 |
| 1-3 | 41.0 a, b | 35.5 a, b | 36.8 a | 44.8 a, b | 43.8 a, b | 44.2 a | 44.1 a | 45.2 a | 44.9 a | 42.1 |
| 4-6 | 7.7 a, b | 5.7 a, b | 6.2 a | 10.2 a, b | 7.4 a, b | 8.3 a | 14.7 a | 14.5 a | 14.5 a | 7.8 |
| 7 | 8.7 a, b | 4.0 a, b | 5.1 a | 8.9 a, b | 7.7 a, b | 8.0 a | 11.8 a | 10.8 a | 11.1 a | 7.3 |
| ***Post-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 45.3 a, b\*\* | 56.7 a, b\*\* | 53.9 a\*\*\* | 38.3 a, b | 44.6 a, b\*\*\* | 42.7 a\*\*\* | 33.8 a | 31.3 a | 32.1 a | 45.5\*\*\* |
| 1-3 | 40.0 a, b\*\* | 34.4 a, b\*\* | 35.8 a\*\*\* | 41.1 a, b | 41.1 a, b\*\*\* | 41.1 a\*\*\* | 36.8 a | 39.8 a | 38.9 a | 39.6\*\*\* |
| 4-6 | 6.9 a, b\*\* | 5.3 a, b\*\* | 5.7 a\*\*\* | 12.1 a, b | 7.6 a, b\*\*\* | 9.0 a\*\*\* | 17.6 a | 17.5 a | 17.5 a | 8.3\*\*\* |
| 7 | 7.8 a, b\*\* | 3.6 a, b\*\* | 4.6 a\*\*\* | 8.5 a, b | 6.7 a, b\*\*\* | 7.2 a\*\*\* | 11.8 a | 11.4 a | 11.5 a | 6.6\*\*\* |
| **Dairy products** |  |  |  |  |  |  |  |  |  |  |
| ***Pre-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 23.2 b | 29.8 a, b | 28.2 a | 20.3 | 19.4 a | 19.6 a | 19.1 | 19.3 a | 19.2 a | 22.0 |
| 1-3 | 42.2 b | 49.2 a, b | 47.6 a | 41.3 | 45.9 a | 44.4 a | 39.7 | 39.7 a | 39.7 a | 45.3 |
| 4-6 | 15.3 b | 11.0 a, b | 12.0 a | 16.8 | 15.8 a | 16.1 a | 13.2 | 16.3 a | 15.5 a | 14.9 |
| 7 | 19.3 b | 10.0 a, b | 12.2 a | 21.6 | 18.9 a | 19.9 a | 28.0 | 24.7 a | 25.6 a | 17.8 |
| ***Post-lockdown*** |  |  |  |  |  |  |  |  |  |  |
| None | 24.9 a, b | 31.1 a, b | 29.6 a | 20.2 a\* | 20.9 a\*\*\* | 20.7 a\*\*\* | 19.1 a | 17.5 a | 17.9 a | 23.1\*\*\* |
| 1-3 | 40.0 a, b | 46.5 a, b | 44.9 a | 39.9 a\* | 41.5 a\*\*\* | 41.0 a\*\*\* | 36.8 a | 42.1 a | 40.6 a | 42.1\*\*\* |
| 4-6 | 15.5 a, b | 11.7 a, b | 12.7 a | 17.5 a\* | 16.8 a\*\*\* | 17.0 a\*\*\* | 14.7 a | 12.7 a | 13.3 a | 15.7\*\*\* |
| 7 | 19.6 a, b | 10.7 a, b | 12.8 a | 22.4 a\* | 20.8 a\*\*\* | 21.3 a\*\*\* | 29.4 a | 27.7 a | 28.2 a | 19.1\*\*\* |

Values under a given variable were marked with the superscript *a*, if the difference across educational levels (High school students, Undergraduate students, Graduate students) within the overall population (Total) or within a given sex (Male, Female) was significant (*p*<0.05); marked with the superscript *b*, if the difference between sex within a given educational level was significant (*p*<0.05); and marked by asterisks, if the difference before and after lockdown within a given educational level and sex was significant (\**p*<0.05, \*\**p*<0.01, \*\*\**p*<0.001).