Supplementary table 1. Topics of intervention videos

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| --- | --- | --- | --- |
| Breastfeeding | Complementary Feeding | Nutrition | Childcare |
| Care after Delivery1 | Starting Complementary Feeding at 6 Months3 | Food Groups3 | Kangaroo Care1 |
| Colostrum2 | Enriching Porridge1 | The 7 Food Groups for Children3 | Vaccinations3 |
| Physiology of Lactation3 | Quantity of Food with Age1 | Minimum Dietary Diversity3 | Growth Monitoring1 |
| Exclusive Breastfeeding2 | Complementary Feeding at 7-8 Months1 | Proteins2 | Cognitive Development1 |
| Breastfeeding Benefits2 | Complementary Feeding at 9-11 Months1 | Anemia2 | Feeding during Illness1 |
| Breastfeeding Positions1 | Complementary Feeding at 1- 2 Years1 | Prevention of anemia3 | What about Dad1 |
| Breastmilk vs Animal Milk2 | Complementary Foods from Family Foods1 | Sources of iron3 | Stunting2 |
| Sufficiency of Breastmilk3 | Snacks and Finger Foods1 | Folate3 | Malaria2 |
| How often to Breastfeed3 | Replacing Sugary Foods with Fruits3 | Vitamin A3 | Diarrhea2 |
| Breastfeeding Problems2 | HIV and Complementary Feeding2 | Iodine2 | Worms3 |
| Milk Expression1 |  | Diabetes3 | Hygiene3 |
| The Working Mother1 |  |  | Hygienic Cooking1 |
| HIV and Breastfeeding2 |  |  | What does HIV do2 |

Visit [glocalnutrition](http://glocalnutrition.com/).com for more information on the videos

1 Local video

2 Animation

3 Local video with animation