**Coding Framework (excerpt)**

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| Theme Name  | Subtheme name | Codes  |
| Poverty, diet, and physical activity | Food insecurity  | * Food scarcity
* Skipping breakfast
* Reducing the number of meals
* Reducing the portion sizes
* Eating anything is a priority
* One meal a day
* Skipping meals
* Girls stay at home more as they age
* Boys are encouraged to work outside of the home
* Gender impacts access to food
* Working to eat (hand to mouth)
* Hunger impacts on my quality of life
* I’d rather go hungry than eat school lunches
* Things are difficult.
* Monthly shopping dictates hunger levels
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| Food safety and hygiene  | * Home cooked food is safer
* Outside food can be contaminated
* Unclean surroundings
* Poor personal hygiene
* Flies
* Poor vendor cleanliness
* Reusing oils
* Not trusting of outside food
* Temptation to eat outside food despite hygiene concerns
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| Poverty as a barrier and facilitator to physical activity  | * Facilitators: competitions as a potential way of winning money
* Facilitators: Winning prizes through sports competitions
* Facilitators: scholarship
* Barriers: Stigma associated with poverty (fitness associated with poverty)
* Barriers: Unsafe areas: Not safe for girls to visit outdoor exercise areas
* Barriers: Unsafe areas: Vandalisation
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