**Coding Framework (excerpt)**

|  |  |  |
| --- | --- | --- |
| Theme Name | Subtheme name | Codes |
| Poverty, diet, and physical activity | Food insecurity | * Food scarcity * Skipping breakfast * Reducing the number of meals * Reducing the portion sizes * Eating anything is a priority * One meal a day * Skipping meals * Girls stay at home more as they age * Boys are encouraged to work outside of the home * Gender impacts access to food * Working to eat (hand to mouth) * Hunger impacts on my quality of life * I’d rather go hungry than eat school lunches * Things are difficult. * Monthly shopping dictates hunger levels |
| Food safety and hygiene | * Home cooked food is safer * Outside food can be contaminated * Unclean surroundings * Poor personal hygiene * Flies * Poor vendor cleanliness * Reusing oils * Not trusting of outside food * Temptation to eat outside food despite hygiene concerns |
| Poverty as a barrier and facilitator to physical activity | * Facilitators: competitions as a potential way of winning money * Facilitators: Winning prizes through sports competitions * Facilitators: scholarship * Barriers: Stigma associated with poverty (fitness associated with poverty) * Barriers: Unsafe areas: Not safe for girls to visit outdoor exercise areas * Barriers: Unsafe areas: Vandalisation |