**Appendix I. List of participants’ self-reported diseases**

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| **Patient number** | **Self-reported diseases** |
| 1 | Celiac disease, MI, retinopathy, arthritis |
| 2 | Prostate cancer, MI, Guillain-Barre syndrome |
| 3 | Asthma, fibromyalgia, arthrosis |
| 4 | Chronic allergy |
| 5 | Asthma, bilaterally DVT, valvar insufficiency, unspecified psychiatric disorder |
| 6 | TIA, unspecified skin disease |
| 7 | Depression, bipolar disorder, vestibular disorder |
| 8 | MI |
| 9 | Psoriasis, TIA |
| 10 | Chronic UTI, MI |
| 11 | Bechterews syndrome, asthma, COPD, hypertension, allergy |

COPD: Chronic obstructive pulmonary disease; UTI: Urinary tract infection; MI: Myocardial infarction; TIA: Transient ischemic attack, DVT: Deep vein thrombosis