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| **Supplemental Table 1.** Descriptive Statistics for AYAHOPE/Life Impact Scale (*N*=117)  |
|  | *n*a | *M* | *SD* | *Range* |
| relationship with your mother | 53 | 3.40 | 1.06 | 1.0-5.0 |
| relationship with your father | 39 | 3.54 | .91 | 2.0-5.0 |
| relationship with your sibling(s) | 88 | 3.65 | 1.01 | 1.0-5.0 |
| relationship with your spouse/partner | 53 | 3.66 | 1.29 | 1.0-5.0 |
| relationship with your child(ren) | 67 | 3.48 | 1.16 | 1.0-5.0 |
| relationship with your friends | 101 | 3.56 | 1.08 | 1.0-5.0 |
| dating life | 26 | 2.62 | 1.06 | 1.0-5.0 |
| plans for getting married | 22 | 2.55 | .74 | 1.0-5.0 |
| sexual functioning/intimate relations | 89 | 2.00 | .91 | 1.0-5.0 |
| plans for having children | 23 | 2.48 | .99 | 1.0-5.0 |
| spirituality and religious beliefs | 85 | 3.64 | .92 | 1.0-5.0 |
| plans for the future and goal-setting | 96 | 3.06 | 1.16 | 1.0-5.0 |
| feelings about the appearance of your body | 98 | 2.29 | .89 | 1.0-5.0 |
| confidence in your ability to take care of your health | 100 | 2.90 | 1.08 | 1.0-5.0 |
| control over your life | 100 | 2.69 | 1.08 | 1.0-5.0 |
| plans for education | 46 | 2.78 | .96 | 1.0-5.0 |
| plans for work | 79 | 2.61 | 1.13 | 1.0-5.0 |
| financial situation | 91 | 2.40 | .97 | 1.0-5.0 |
| aFor each life impact item, there are different percentages of the sample for which the question does not apply. “Does not apply” was treated as missing.  |