## **APPENDIX A**

## Physician survey questions

- 1. Which of the following best describes you?
  - a. Emergency medicine attending staff
  - b. Family medicine attending staff
  - c. Emergency medicine resident
  - d. Family medicine resident
- 2. Your current post-graduate year (PGY) level of training is:
  - a. PGY-1
  - b. PGY-2
  - c. PGY-3
  - d. PGY-4
  - e. PGY-5
  - f. PGY-6+
- 3. Do you routinely prescribe elastic compression stockings for newly diagnosed patients with:

	Yes	No
Below-knee DVT		
Above-knee DVT		

- 4. Do you think elastic compression stockings in patients with deep venous thrombosis may help prevent the postthrombotic syndrome?
  - a. Yes
  - b. No
  - c. Unsure
- 5. Do you believe that the use of compression stockings in patients with newly diagnosed deep vein thrombosis increases their risk for pulmonary embolism?
  - a. Yes
  - b. No
  - c. Unsure
- 6. What is the optimal timing of initiation of elastic compression stockings for a patient with newly diagnosed deep vein thrombosis?
  - a. Immediately
  - b. One week
  - c. Two weeks

- d. Unsure
- e. Other (please specify)
- 7. What is the optimal duration of elastic compression stockings?
  - a. One month
  - b. Three months
  - c. Six months
  - d. Unsure
  - e. Other (please specify)
- 8. What is the optimal compression strength of elastic compression stockings for a patient with newly diagnosed deep vein thrombosis?
  - a. Class 1 (15-20 mmHg)
  - b. Class 2 (20-30 mmHg)
  - c. Class 3 (30-40 mmHg)
  - d. Class 4 (40 + mmHg)
- 9. What do you think is the compliance rate with elastic compression stockings in a newly diagnosed patient with deep vein thrombosis?
  - a. 25%
  - b. 50%
  - c. 75%
  - d. Other (please specify)
- 10. What do you think are the top three reasons for noncompliance with prescribed compression stockings in patients with newly diagnosed deep vein thrombosis?

	Top Reason	Second Reason	Third Reason
Poor fit			
Overheating			
Soreness			
Cosmetic			
Itching, dermatitis			
Lack of self-discipline			
Cost considerations			
Work-related			
Needs application			
assistance			
Other (please specify)			

## **APPENDIX B**

## Patients survey questions

- 1. Were you prescribed compression stockings by your doctor when you were first diagnosed with deep vein thrombosis?
  - a. Yes
  - b. No
- 2. Did you buy compression stockings as a consequence of your deep vein thrombosis?
  - a. Yes
  - b. No
- 3. How often did you wear them prior to today's clinic visit?
  - a. Daily
  - b. A few days a week

- c. Infrequently
- d. Never
- 4. If you did not wear them regularly, what were the reasons?
- 5. How long (in days or weeks) have you been wearing compression stockings?
- 6. Did the compression stockings help the leg swelling and other symptoms that you experienced because of your deep vein thrombosis?
  - a. Yes
  - b. No