

ONLINE SUPPLEMENT

Appendix DS1

Summer school 2012 programme: content and qualitative comments

Session	Objective/summary	Delegate feedback
Introduction	School opened by the director of medical education to instil a sense of the importance of the event, framing the programme while 'breaking the ice'.	
Psychiatry: the past and present	Setting the scene. From the roots to current practice; highlighting the advance of science and growing evidence base.	'Starting at basics and getting an idea of how psychiatry evolved.' 'Good overview and history of psychiatry.' 'It was interesting to find out how psychiatry evolved – good introduction to the day.'
The glamour of psychiatry	The importance of the role of the psychiatrist. Eradicating myths and dealing with stigma within and outside of the medical arena.	'Informal, personal perspective made it very interesting.' 'Gave a good picture of becoming a psychiatrist.'
The medicine/psychiatry interface	The 'medical' psychiatrist and how psychiatry interacts with other disciplines in medicine.	'Real insight into life in psychiatry.' 'Cleared up concerns about psychiatrist's role in medicine.' 'Good to see how psychiatry is connected to more the physical medical bit.'
Dramatisation of personality disorder	A short piece of professionally commissioned drama aimed at communicating patient experience of personality disorder while also facilitating discussion around diagnosis and treatment approaches. This aimed to show the wide-reaching impact of mental disorder and bring to life the patient experience. Students were given a chance to ask the actors questions in character and to ask actors what it felt like to portray and 'become' people with such problems. Emphasising the human component to psychiatry.	'Engaging scenes, I found it really helpful to be able to see how personality disorder affect the patient's life.' 'Very engaging, emotive; generally brilliant.' 'I loved the dramatisation – that gave me the best insight and understanding into psychiatry that I've had so far.'
Psychiatry film club	Looked at stigma and attitudes of the media industry in portraying people with mental health problems, and the psychiatrists caring for them. To reflect on how they may shape the public's beliefs. To teach some elements of the mental state examination in an engaging way. Addressing public perception of psychiatry, both positive and negative.	'Gave a new way of looking at films and TV.' 'Good insight into public perspective of conditions.' 'Engaging, made me think a lot about the different mental illnesses.' 'Really good session which was educational and fun!'
Training in psychiatry	What it is like to train in psychiatry and the current career pathways. Emphasising the pathway but also the opportunities within psychiatric training.	'Informative about what will happen to us and what we need to know.' 'It's essential for people who think about doing this speciality.'
Research in psychiatry	An introduction to the exciting advances that are being made in psychiatry, but also the nuances which make research in psychiatry a unique challenge. Reinforcing the scientific underpinning of psychiatry.	'It was inspirational hearing about presenters' personal experiences in research and advice for medical students who want a career in research.'
Clinical case presentations	Case presentations by higher trainees that were used to highlight the role of psychiatrists in diagnostic challenges and managing complex cases. Presented by higher trainees to display some complexities psychiatrists faced. Allowing the students to experience the dilemmas and rewarding aspects of real patient care.	'Exciting, animated, detailed, pitching at right level – interesting and challenging case.' 'Engaging, interesting, insight into work within specialities and with individuals.'
Psychometric testing	To demonstrate that someone's psychological make-up can have an influence on the kind of doctor they may become. An appreciation of their personality preferences and the chance to take something away that they had learnt about themselves.	'Understanding interaction between people of different personality types, very informative.' 'Interesting perspective into personality and understanding yourself.'
Speed dating (followed by a free evening meal at Durham Restaurant with consultants and trainees)	Opportunity to meet a diverse range of consultants and higher trainees from different specialties which allowed them to explore these at each station. This was aimed at enabling them to dispel myths but also appreciate and gain more knowledge of the breadth of psychiatry.	'I found out I was an introvert – I get it now!' 'Wide range of specialities, lots of good advice and an insight in a very short space of time!' 'I felt highly involved because of the 1:1 interactions. I was also able to ask questions to suit my needs.' 'Speed dating was a brilliant way to get to know a little bit about each topic.' 'They (the consultants) were enthusiastic, honest and open.'
Parallel clinical workshops (addictions, post-traumatic stress disorder/eye movement desensitisation and reprocessing, perinatal, psychotherapy, forensic)	These were designed to give the students a greater insight into clinical work through presentation of patient journeys, with a focus on the role of the psychiatrist and patient recovery.	'The individual workshops were very informative and a good opportunity to see subsets of psychiatry I wouldn't normally have been exposed to.' 'She (perinatal psychiatrist) was informative but very kind and lovely to watch.' 'New information well presented by someone who was clearly passionate and motivated.'
Quizzes	To show the complexities and knowledge needed to practice psychiatry, but in a fun and relaxed way.	'A good mix of important information and trivia.' 'It was fun, entertaining and educational.' 'It was fun, showed everyone's sense of humour.' 'Fun and laid back end to the week.'
Closing with essential feedback	Event closed by director of medical education.	