**The Chinese mainland version of the Disaster Preparedness Evaluation Tool (DPET-CM).**

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| --- | --- | --- | --- | --- | --- | --- |
| Item Description | 1 | 2 | 3 | 4 | 5 | 6 |
| **Pre-disaster awareness** |
| I would be interested in educational classes on disaster preparedness that relate specifically to my community situation. |  |  |  |  |  |  |
| I know the limits of my knowledge, skills, and authority as an NP to act in disaster situations. |  |  |  |  |  |  |
| I am aware of potential vulnerabilities in my community (e.g. earthquake, floods, terror). |  |  |  |  |  |  |
| **Pre-disaster knowledge** |
| I find that the research literature on disaster preparedness is understandable. |  |  |  |  |  |  |
| I have a list of contacts in the medical or health community in which I practice. I know referral contacts in case of a disaster situation (eg, health department). |  |  |  |  |  |  |
| I read journal articles related to disaster preparedness. |  |  |  |  |  |  |
| I know where to find relevant research or information related to disaster preparedness and management to fill in gaps in my knowledge. |  |  |  |  |  |  |
| I find that the research literature on disaster preparedness and management is easily accessible. |  |  |  |  |  |  |
| In case of a disaster situation, I think that there is sufficient support from local officials on the county or state level. |  |  |  |  |  |  |
| I know who to contact (chain of command) in disaster situations in my community. |  |  |  |  |  |  |
| I am aware of classes about disaster preparedness and management that are offered in my workplace, the university, or community. |  |  |  |  |  |  |
| **Disaster management** |
| I have participated in emergency planning for disaster situations in my community. |  |  |  |  |  |  |
| I participate/have participated in creating new guidelines or emergency plans or in lobbying for improvements on the local or national level. |  |  |  |  |  |  |
| In case of a bioterrorism/biological attack, I know how to use personal protective equipment. |  |  |  |  |  |  |
| In case of a bioterrorism/biological attack, I know how to execute decontamination procedures. |  |  |  |  |  |  |
| I consider myself prepared for the management of disasters. |  |  |  |  |  |  |
| I would be considered a leadership figure in my community in a disaster situation. |  |  |  |  |  |  |
| I have personal/family emergency plans in place for disaster situations. |  |  |  |  |  |  |
| I am familiar with psychological interventions, behavioral therapy, cognitive strategies, support groups and incident debriefing for patients who experience emotional or physical trauma. |  |  |  |  |  |  |
| I am able to describe my role in the response phase of a disaster in the context of my workplace, the general public, media, and personal contacts. |  |  |  |  |  |  |
| I am familiar with the organizational logistics and roles among local, state, and federal agencies in disaster response situations.**Knowledge and skills in the workplace** |  |  |  |  |  |  |
| I am familiar with accepted triage principles used in disaster situations. |  |  |  |  |  |  |
| In a case of bioterrorism/biological attack, I know how to perform isolation procedures so that I minimize the risks for community exposure. |  |  |  |  |  |  |
| Some research has shown that NPs feel constrained by medical malpractice concerns or license restrictions in terms of responding to disasters. This constraint applies to me too. |  |  |  |  |  |  |
| I feel reasonably confident I can treat patients independently without supervision of a physician in a disaster situation. |  |  |  |  |  |  |
| I can identify possible indicators of mass exposure evidenced by a clustering of patients with similar symptoms. |  |  |  |  |  |  |
| I would feel confident working as a triage NP and setting up temporary clinics in disaster situations.**Post-disaster knowledge and skills** |  |  |  |  |  |  |
| I would feel reasonably confident providing patient education on stress and abnormal functioning related to trauma. |  |  |  |  |  |  |
| I feel reasonably confident discerning deviations in health assessments indicating potential exposure to biological agents. |  |  |  |  |  |  |
| I am familiar with what the scope of my role would be in a postdisaster situation. |  |  |  |  |  |  |
| I am able to discern signs and symptoms of acute stress disorder and post-traumatic stress disorders (PTSD). |  |  |  |  |  |  |
| I am comfortable providing education on coping skills and training for patients who experience traumatic situations. |  |  |  |  |  |  |
| I am comfortable managing (treating, evaluating) emotional outcomes for acute stress disorder or PTSD. |  |  |  |  |  |  |
| I am familiar with how to perform focused health assessment for PTSD. |  |  |  |  |  |  |

The score rule: “1”= “strongly disagree”; “2”= “disagree”; “3”= “partly disagree”; “4”= “partly agree”; “5”= “agree”; “6”= “strongly agree”.

Five factors explained 64.06% of the total variance; the fit indices were: $x^{2}$/DF=1.978, RMSEA=0.071, IFI=0.907, TLI=0.90, CFI=0.90.

**中国大陆版灾难准备评估工具（中文翻译版）.**

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| --- | --- | --- | --- | --- | --- | --- |
| 条目 | 1 | 2 | 3 | 4 | 5 | 6 |
| **灾难前意识** |
| 我对灾难准备教育课程感兴趣，特别是和我居住社区相关的课程. |  |  |  |  |  |  |
| 作为护士，在灾难现场我知道自身知识技能的不足与职权限制. |  |  |  |  |  |  |
| 我意识到居住社区有发生灾难的风险（例如地震、水灾、恐怖袭击等）.**灾难前知识** |  |  |  |  |  |  |
| 我认为关于灾难准备的研究文献容易理解. |  |  |  |  |  |  |
| 我所在的医疗机构或社区健康服务中心有紧急联系名单，我知道灾难发生时可联系的相关部门（如卫生部门）. |  |  |  |  |  |  |
| 我会阅读与灾难准备相关的期刊文章. |  |  |  |  |  |  |
| 我知道如何得到与灾难准备和管理相关的研究或信息，以此增长自己的知识. |  |  |  |  |  |  |
| 我认为灾难准备与处理的研究文献是容易获取的. |  |  |  |  |  |  |
| 当灾难发生时，我认为县级或市级政府可以提供足够的支持. |  |  |  |  |  |  |
| 居住社区发生灾难时，我知道该联系谁. |  |  |  |  |  |  |
| 我知道我的工作单位、学校、社区提供了灾难准备与处理的相关课程.**灾难管理** |  |  |  |  |  |  |
| 我曾参与制定自己居住社区的灾难应急计划. |  |  |  |  |  |  |
| 我参与或曾经参与了新的应急指南或应急方案的制定，或游说地方、中央政府部门提升应急水平. |  |  |  |  |  |  |
| 遭遇生化恐袭或生物攻击时，我知道如何使用个人防护装备. |  |  |  |  |  |  |
| 遭遇生化恐袭或生物攻击时，我知道如何执行净化程序. |  |  |  |  |  |  |
| 我认为自己对于灾难处理有所准备. |  |  |  |  |  |  |
| 当灾难发生时，我会被当作社区中领导者的角色. |  |  |  |  |  |  |
| 在灾难发生时，我有个人或家庭关于灾难的应急方案. |  |  |  |  |  |  |
| 我熟知心理干预、行为疗法、认知策略、社会支持及事件汇报等干预措施，可针对经历过心理或生理创伤的人群提供帮助. |  |  |  |  |  |  |
| 在灾难反应阶段，我能描述在工作场所、公众群体、媒体及个人交往中所担任的角色. |  |  |  |  |  |  |
| 我熟悉地方、县（市）、中央部门在灾难应对时的后勤管理及角色分工.**灾难现场的知识和技能** |  |  |  |  |  |  |
| 我熟悉灾难现场的检伤分类原则. |  |  |  |  |  |  |
| 遭遇生化恐袭或生物攻击时，我知道如何执行隔离程序以降低社会群体暴露的风险. |  |  |  |  |  |  |
| 研究显示，部分护理人员在应对灾难时由于不当的医疗救援及执业范围局限而感到受限，我也受到这种制约. |  |  |  |  |  |  |
| 在灾难现场，没有医生的指导我有信心能独立处理患者. |  |  |  |  |  |  |
| 当出现大量具有相似症状的患者时，我可以识别出他们可能暴露于哪些危险因素. |  |  |  |  |  |  |
| 我有信心担任灾难现场的检伤分类人员，并且能设置临时医疗站.**灾难后知识和技能** |  |  |  |  |  |  |
| 我有信心能为患者提供关于创伤后压力和身心功能异常方面的健康宣教. |  |  |  |  |  |  |
| 我有信心可以识别出患者暴露于生物病原体后健康方面的轻微变化. |  |  |  |  |  |  |
| 我熟知灾后护士的角色范围. |  |  |  |  |  |  |
| 我能区分急性应激障碍和创伤后应激障碍（PTSD）的症状和体征. |  |  |  |  |  |  |
| 我能自如地为经历过创伤的患者提供应对技巧等方面的培训. |  |  |  |  |  |  |
| 我有信心可以使用多学科的方式，如转诊、随访、预测等，来管理（关怀，评估）灾后或创伤后产生的急性或创伤后应激障碍所带来的情绪问题. |  |  |  |  |  |  |
| 我熟悉如何进行创伤后应激障碍的重点式健康评估. |  |  |  |  |  |  |

得分规则：“1”= “强烈不同意”; “2”= “不同意”; “3”= “部分不同意”; “4”= “部分同意”; “5”= “同意”; “6”= “强烈同意”.