

Project: Longitudinal comparative evaluation of the equivalence of an integrated peer-support and clinical staffing model for

Component: Qualitative
Phase: One - Expectations
Stakeholder: Consumer

Title: **Data table of participant identified goals.**
Description: Content analysis with numerical count of goal categories identified by individual
Date modified: [REDACTED]
Author: [REDACTED]

Participant ID	Independent living						Extract
	Getting a job	Social re-integration and skills	Health and fitness	Study	Reduced medical intervention	Goal Types (TOTAL)	
CLINCON010	0	1	0	0	0	1	Ah, yeah just to ah, probably get - get more of a social ah, thing happening like with friendships and yeah.
CLINCON020	0	1	1	0	0	2	Find myself, yeah, um, boost my confidence... [Pause] Uh, just to improve my - my ability to - my work - my workability.
CLINCON041	1	0	0	1	1	3	So, for example when I started off here, there was a process of learning how to budget, and through that - that experience - it gave me a bit more understanding of how people go about doing those daily - those daily tasks which are important, and other ones for example, our cooking group - knowing how to cook independently, and then there's a bit of exercise group if you're not familiar with that. It's still good to set up your - well, that's what I'm trying to do anyway, but yeah... So, I'm starting an information technology course next year... and what I got told is that you can fast track that and finish that in about seven months. It's - it's one page [unclear]. So that's one of my goals... The other goal is to get fit again, and another one is to find employment, and other ones is just to socialise with my friends - stay in contact with them and build up new friendships, and get back to sports again - tennis, golf and - what was it? Basketball.
CLINCON053	0	1	0	0	1	2	Yeah, like, um, total - you know, like, obviously, a, a, recovery, a total recovery would be employment and, you know, just, er, a small amount of medication... Well, I'm not really achieving my goals at the moment. I'm - you know, I'm in a bit of a, er, rut because I've - I want to start looking for part time work.
CLINCON079	1	0	0	0	0	1	Yeah just um, taking my medication regularly and um better life skills... Um cooking, cleaning.
CLINCON090	1	1	0	1	1	5	Yes. Um, my first goal is to stay out of hospital and the emergency department... Um, then I would like to get some employment, um, of some sort of part-time, casual employment that I can sustain and, um, and also to find some suitable housing or maybe a one bedroom unit of my own. Um, I really like the Coorparoo area, so I'd - I'd like to stay around this area... Um, those are the three that I think I'm going to work on while I'm here. Um, my - my fourth goal is to maybe go back to do some study. Um, so yeah, and

CLINCON094	1	0	0	0	0	0	0	0	0	1	We're sort of similar with our, our mental illnesses so, um, and yeah, they're, they're just here to do the same thing really. We're all here to get better and get, um, our independence and try and learn to - how to learn to live on our own and stuff like that. I reckon it's - yeah, they're good. My independence.
CLINCON100	0	0	1	0	0	0	0	0	0	1	Um, try to get my confidence up and my looking after myself skills and stuff so I could possibly find a girl - I'm ready to - finally ready to go out and mingle.
INTCON005	1	1	0	1	0	0	0	0	0	3	Yeah, just um get my - live a balanced life and um get back into full-time work... The workplace, the health - health and fitness, spirituality, you know, just - yeah... I just wanted my freedom. I just wanted to live independently without support.
INTCON032	0	1	0	0	0	0	0	0	0	1	I might end up doing, might become a psychiatric nurse or something.
INTCON045	1	1	0	1	0	0	0	0	0	3	Um, I like the, um, the idea of making yourself self-sustaining. I guess [is the name of it I guess]. Interviewer: Yeah. INTCON045: Um, like, learning the skills to live outside of home and - yeah. Um - the way they do it, um - they're like see if you can do it on your own and if you want to ask for help, they're always there... Um, like physical health, like the gym, cooking, um cleaning, and, ah, getting back to work one day... Yeah, yeah, I really enjoyed it. I just became unwell when I finished my apprenticeship. And, [pause] yeah, I want to get back into that one day... just a place where people with mental health issues that have - want to learn independent living, it was just stuff like that, yeah.
INTCON050	1	0	1	0	0	0	0	0	0	2	Um to become more independent... Um to get back in to a social um a social environment.
INTCON072	0	1	1	0	1	0	0	0	0	3	... kind of thing and um it's not just - they're not just telling you all these um like positive things, they're also saying like, um, oh I don't know how to describe it, it's not disjointed, but um, you know, I could get a routine happening, they - they have a regular questionnaire and interview about achieving your goals... Um, to get back to part time work... because I haven't worked in about 17 years. ... So I really need someone on my side and that includes MAX Employment... which is connected to here. Um, yeah and um, the other one is to do a bit of study... And yeah, but here, um, yeah, one of my goals is social - socialising. And um, when I was in my unit, I was pretty much locked up there.
INTCON081	0	1	0	0	0	0	0	0	0	1	Um yeah, um to - I have to um find, ah, maybe get a job or, yeah.
INTCON082	1	0	0	1	0	0	0	0	0	2	Just horrible and place is dirty and just not - it's not a good place or an environment for old people and I don't know like, I just think it's like, this place I'm getting my health sorted, I'm getting counselling, I'm getting active, I'm staying healthy like with what I'm eating and people want to teach me how to cook, I'm doing heaps good like Reference 2: 0.82% coverageSupport, uh, great environment, independence, um, safety, um, keeping active, they'll do activities with you, they'll travel with you. Like to go to different towns and stuff.
INTCON084	1	0	0	0	0	0	0	0	0	1	Just be able to take care of myself in my own house...
INTCON004	1	0	1	0	1	0	0	0	0	3	Um I'm just trying to use this place really to achieve my goals, you know pushing my boundaries with anxiety and building confidence, learning living skills such as cooking. And yeah it's just helping me to achieve those goals that I really want to get, so I can actually start being productive with my life rather than sitting at home sort of getting stoned all the time... Yeah, just being able to live on my own, manage my finances, um keep a nice clean house and yeah, just things like that. Working on my social skills so I can actually be productive in society like I struggle to start up conversations with people or ask for help with things. So if I wanted to go to university, which I know I'm going to struggle at if I did go, you know I'd definitely need to be able to go up to the lecturers and ask for help which I don't think I'd be able to do at this present moment, because I just struggle with that. So...
INTCON020	1	0	0	0	0	0	0	0	0	1	Cooking and cleaning.
INTCON047	1	1	0	0	0	0	0	0	0	2	It's here so I can finally live on my own when I get out of here.... Get a job maybe at Kmart or Coles or Woolworths or

INTCON048	0	0	1	0	0	0	0	1	Make friends - learn how to make friends ... Um [pause] there's one thing. I think it's classed under the mental health part but, um, making, ah, sorting out to do with my empathy and my emotions and stuff like that... Yeah, I want to think of myself first and once I think of myself first I can help others without it harming me... Yeah, Well, with - with the connect group they help teach you about emotions and how you see, um, people's faces and how ya react to other people's emotions and stuff like that. Interviewer: Yep, yep. INTCON048: So it's in that class that I've been learning a lot of stuff to do with being in groups or talking to people and being able to go okay, well that's their feeling and this is my feeling and not - I shut myself off sometimes... Interviewer: Mm-hm. INTCON048: ...when I'm - when I'm talking to people I shut myself off and it's not something I should be doing. It's just something I'm automatically doing... I don't know, it's like this thing in my brain and I've got these happy endorphins running through my brain and then as soon as something moves the - a certain way or is said then I - those endorphins, like they just disappear... INTCON048: But I've gotta repla - fix the walls I've already put up in the last couple of years... Interviewer: Yep. INTCON048: ...and put up new walls... Interviewer: Yep, yep. INTCON048: ...which is a big shift within my body and mind and stuff like that. Interviewer: Yeah, yeah - learning how to have boundaries is hard, yep. INTCON048: Yeah. Interviewer: Yep, yep. But you can - it sounds like you know you need to do that to... INTCON048: I think of... Interviewer: ...protect yourself. INTCON048: I think of my little bubble. Interviewer: Yeah. INTCON048: But sometimes it's not there.
INTCON056	1	0	0	1	1	0	0	3	It's a rehab program. So, for me, it's about change in a lot of ways, that I've got to change, um, in a healthier way. Like I saw a dietician yesterday, and we've started a bit of a meal plan because I'm not that great at eating at the moment. Um, and my, um - I need to exercise as well, and like the staff all support me with that. And if I want to go by myself instead of going with the group, they'll do that. Um, so yeah, I, I'd say it's about change. Reference 2: 2.31% coverageI want to be able to live independently. Like, um, they reckon this is the cleanest place, but it's not looking it at the moment because I've been sick. But, um, I don't have a problem with housework and stuff like that. It's more the mental side of things, like seeing things and the hearing things, and it's hard to live with someone else when you're experiencing that because they don't understand. They tell you it's not real, but that doesn't help you because at the time it really is real to you. And I've found it hard in past experiences where I was living, um, because I kept waking people up. I have an awful sleep pattern, which I'm trying to improve. It's one of my goals. Reference 3: 0.92% coverageUm, I'm still looking into that. There's lots of different things I'm looking into, but I don't know if I actually do. I, um, I've got a Certificate III in education. Um, I'm thinking about maybe going - when I'm better and rehabilitated - going to do the Certificate IV.
INTCON066	0	0	0	1	0	0	0	1	Yeah, pretty much like just any, any goals that I want to pursue they're always there trying to help with that so... Yeah, um, the main one would be fitness. I want to get back into that state that I used to be in before meds.
INTCON069	0	0	1	0	0	0	0	1	Um, I'm hoping that I can actually go back to college and be more of a social person.
INTCON098	1	0	0	0	0	0	0	1	Um, I was talking with the social - ah case worker with the Browns Plains Mental Health Service and looking at options for assisted care, so assisted living, and this is the one that came up. So I come here because of the - looking for the assisted living to basically get the assistance for the mental health, get to the point of living independently and that sort of thing.
TOTAL	14	9	8	7	5	2			

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Component: Qualitative

Phase: One - Expectations

Stakeholder: Consumer

Title: Summative table of participant identified goals.

Description: Content analysis with numerical count of

Date modified: ####

Author: Stephen Parker

Participant ID	Independent living		Getting a job		Social re-integration and skills		Health and fitness		Study		Reduced medical intervention		Goal Types (TOTAL)	
CLINCON010	0	0	1	0	0	0	0	0	0	0	0	0	0	1
CLINCON020	0	1	1	0	0	0	0	0	0	0	0	0	0	2
CLINCON041	1	0	0	1	1	1	0	0	0	0	0	0	0	3
CLINCON053	0	1	0	0	0	0	0	0	1	0	0	0	0	2
CLINCON079	1	0	0	0	0	0	0	0	0	0	0	0	0	1
CLINCON090	1	1	0	1	1	1	1	1	1	1	1	1	1	5
CLINCON094	1	0	0	0	0	0	0	0	0	0	0	0	0	1
CLINCON100	0	0	1	0	0	0	0	0	0	0	0	0	0	1
INTCON005	1	1	0	1	0	1	0	0	0	0	0	0	0	3
INTCON032	0	1	0	0	0	0	0	0	0	0	0	0	0	1
INTCON045	1	1	0	1	0	1	0	0	0	0	0	0	0	3
INTCON050	1	0	1	0	1	0	0	0	0	0	0	0	0	2
INTCON072	0	1	1	0	1	0	1	0	0	0	0	0	0	3
INTCON081	0	1	0	0	0	0	0	0	0	0	0	0	0	1
INTCON082	1	0	0	1	0	0	0	0	0	0	0	0	0	2
INTCON084	1	0	0	0	0	0	0	0	0	0	0	0	0	1
INTCON004	1	0	1	0	0	1	0	0	0	0	0	0	0	3
INTCON020	1	0	0	0	0	0	0	0	0	0	0	0	0	1
INTCON047	1	1	0	0	0	0	0	0	0	0	0	0	0	2
INTCON048	0	0	1	0	0	0	0	0	0	0	0	0	0	1
INTCON056	1	0	0	1	1	1	0	0	0	0	0	0	0	3
INTCON066	0	0	0	1	0	0	0	0	0	0	0	0	0	1
INTCON069	0	0	1	0	0	0	0	0	0	0	0	0	0	1
INTCON098	1	0	0	0	0	0	0	0	0	0	0	0	0	1
TOTAL	14	9	8	7	5	2	5	2	2	2	2	2	2	45

Average 1.88

Median 1.5

Mode 1

Range 1-5