

Supplementary file 4.

Figure S1-S31. Box and whisker plots of 31 items in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

Figure S1. Box and whisker plot for “Cereal & porridge (sweetened)” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

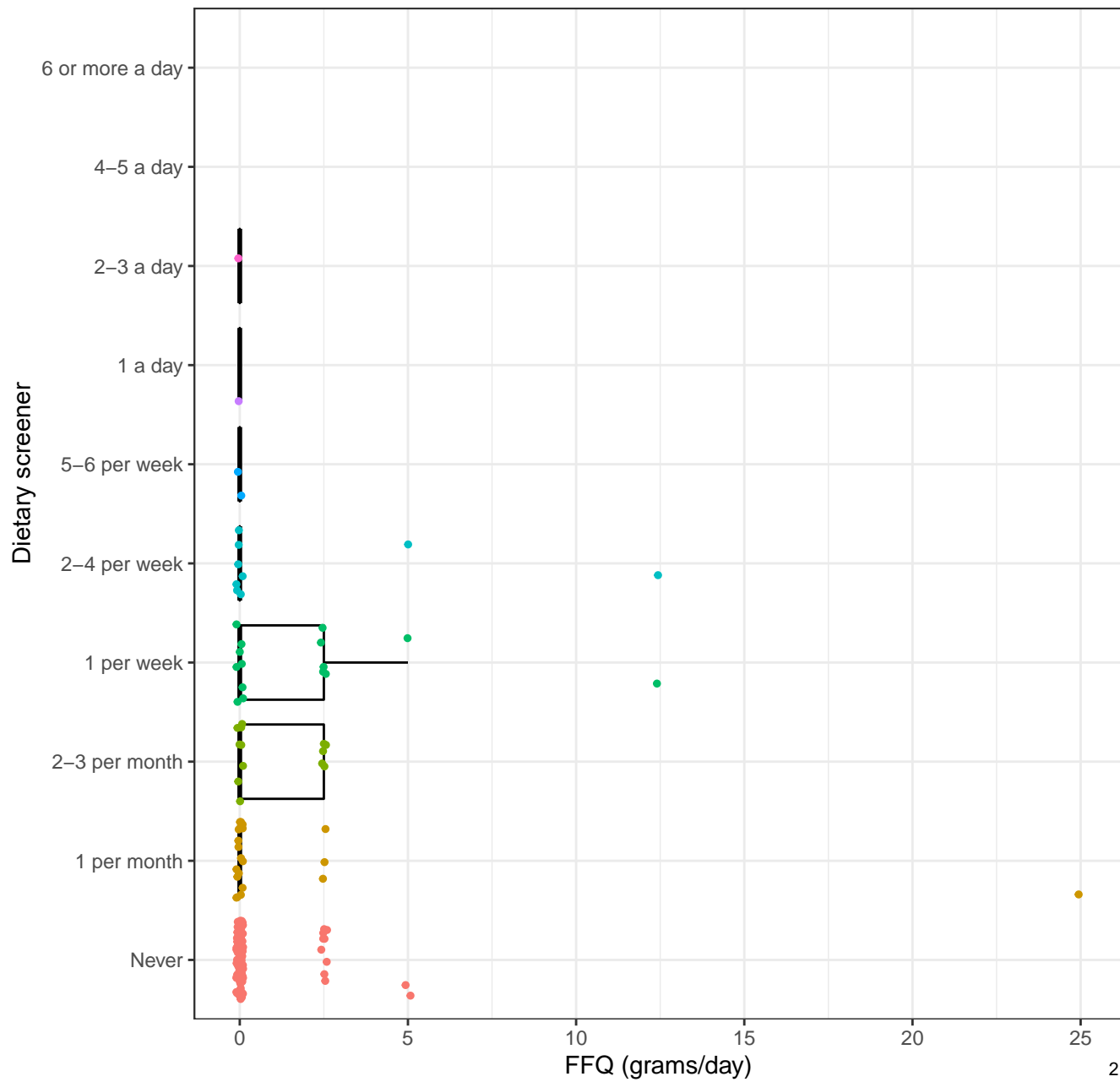


Figure S2. Box and whisker plot for “Cereal & porridge (unsweetened)” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

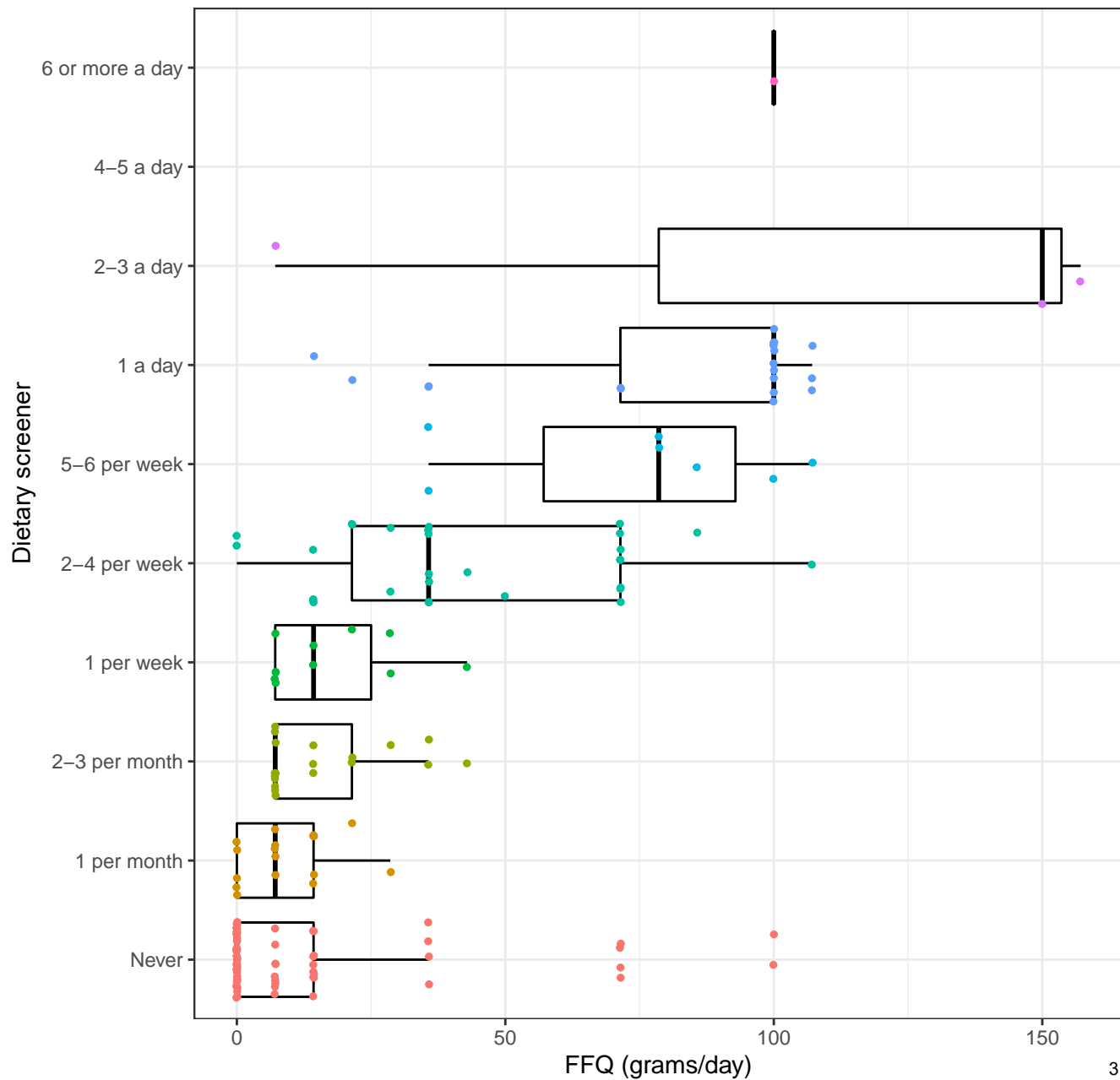


Figure S3. Box and whisker plot for “Whole-grain bread” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

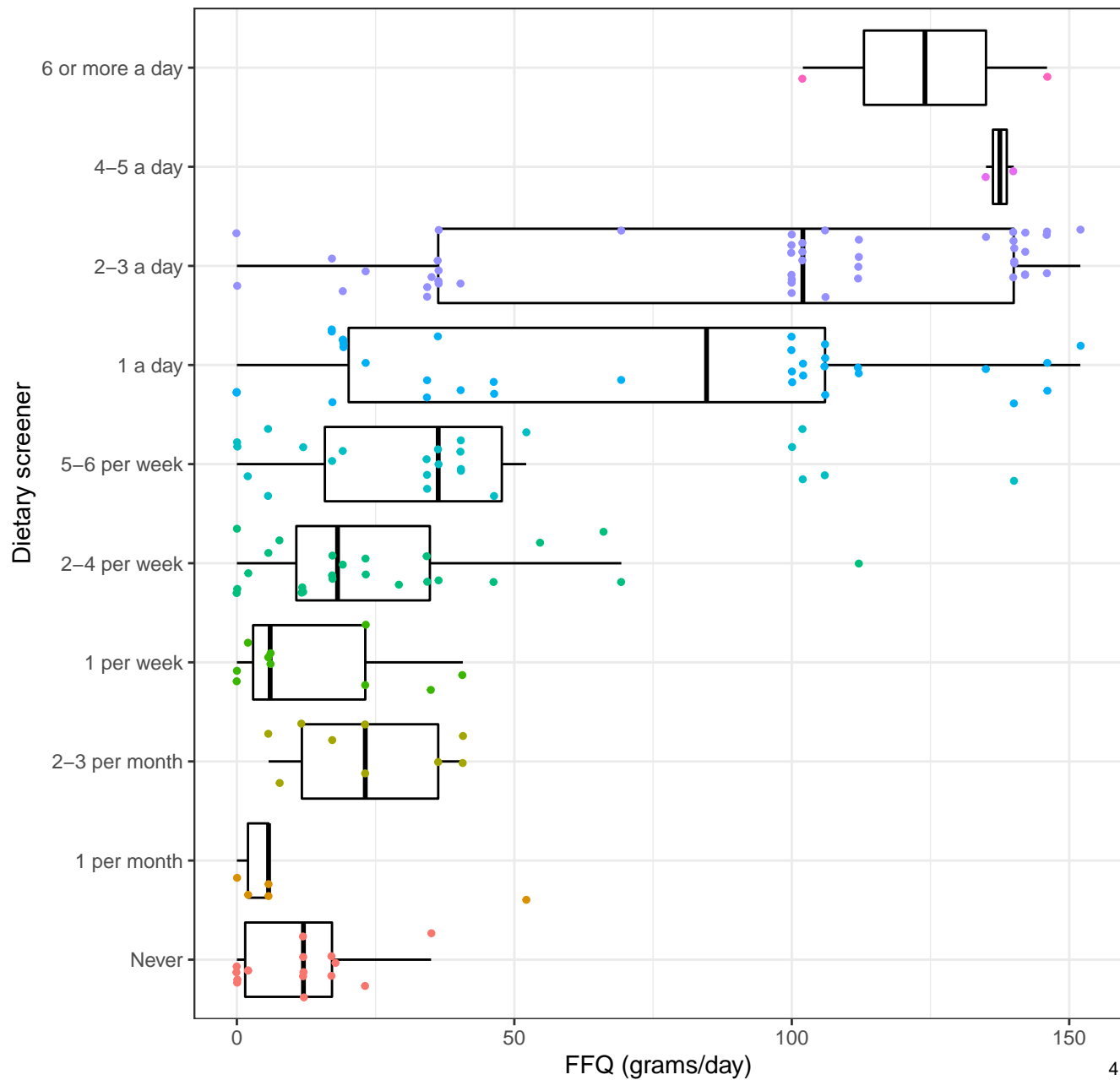


Figure S4. Box and whisker plot for “Fish spread” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

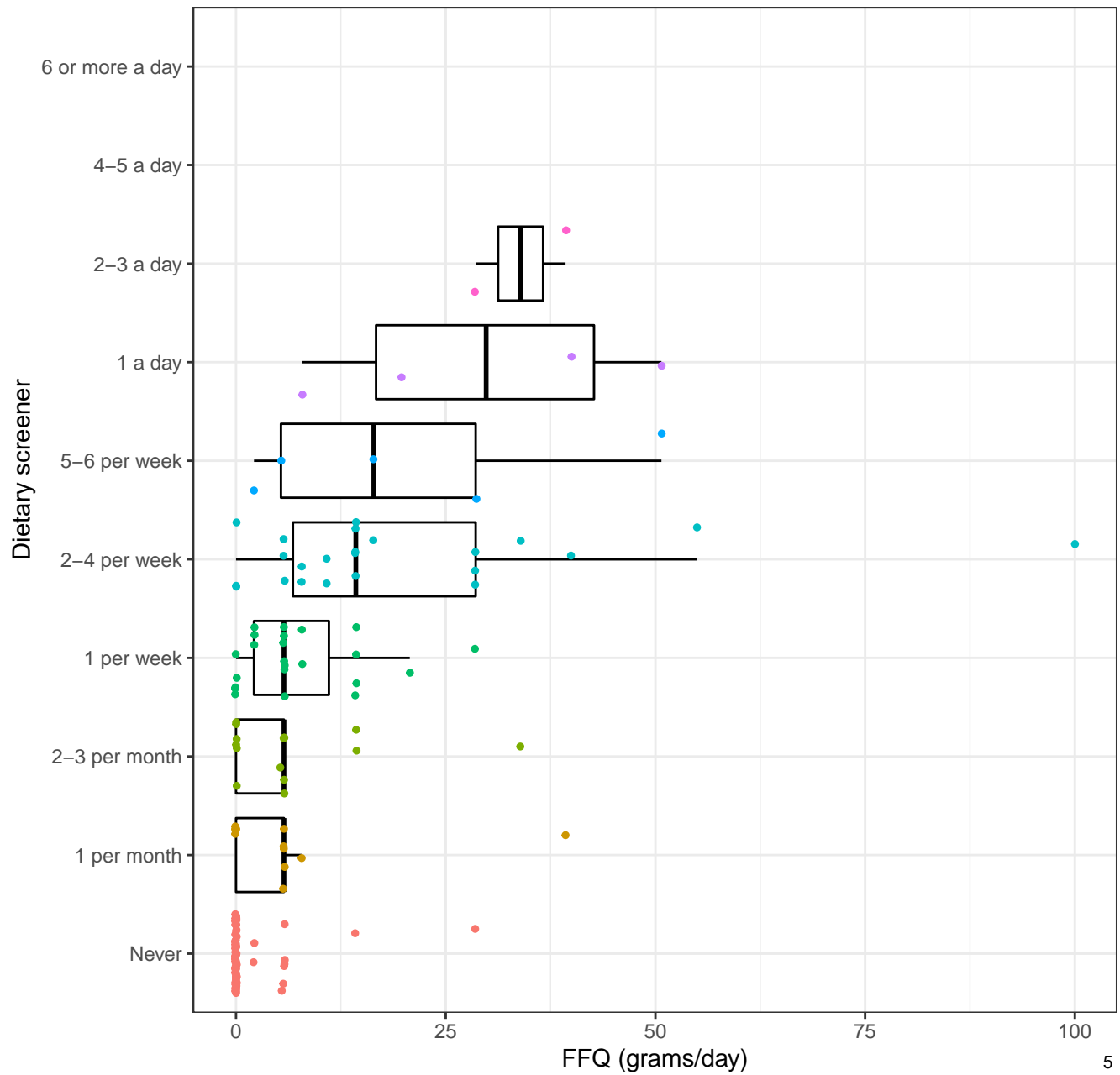


Figure S5. Box and whisker plot for “White cheese” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile 1.5*interquartile range convention.

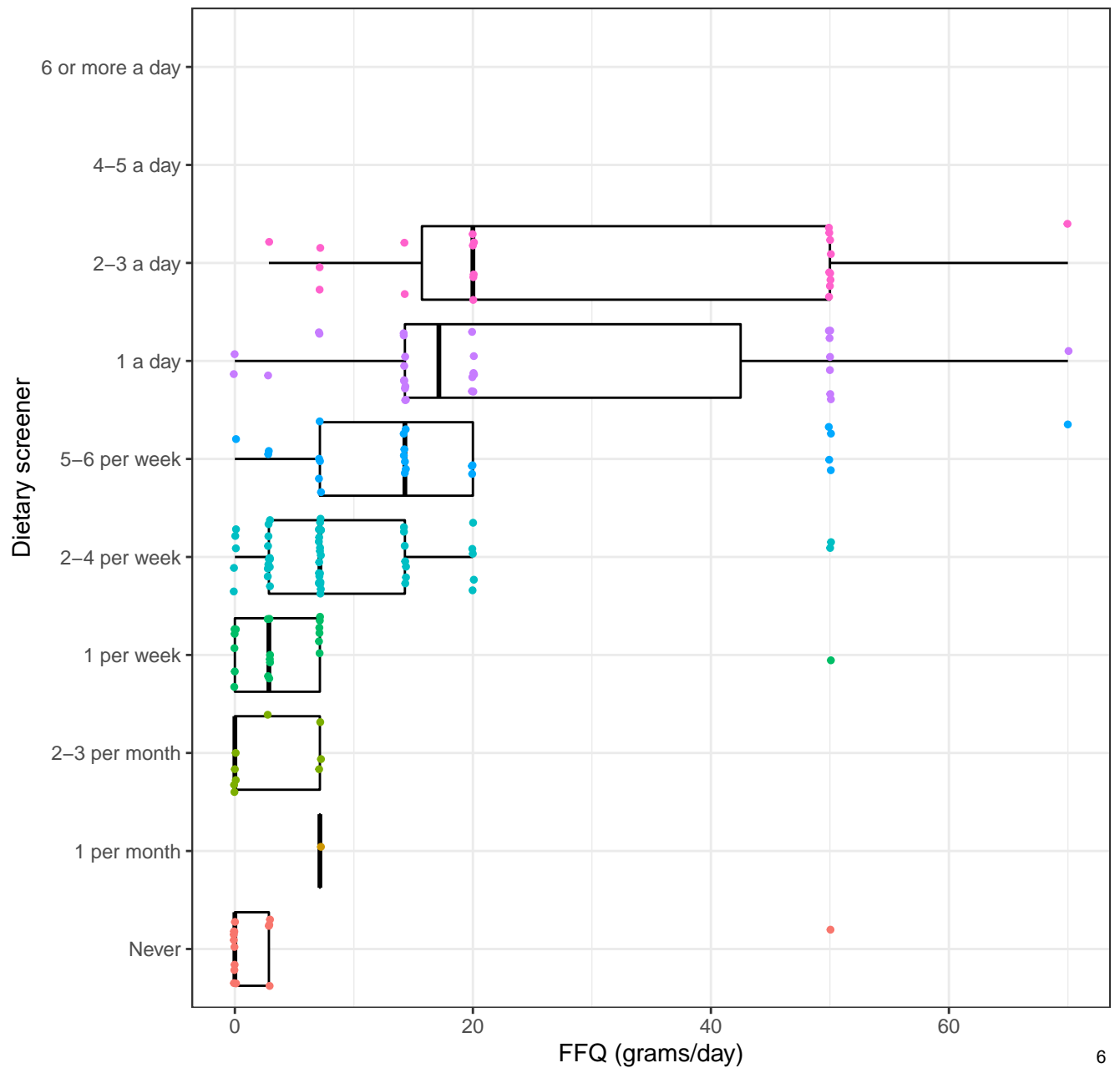


Figure S6. Box and whisker plot for “Whey cheese” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

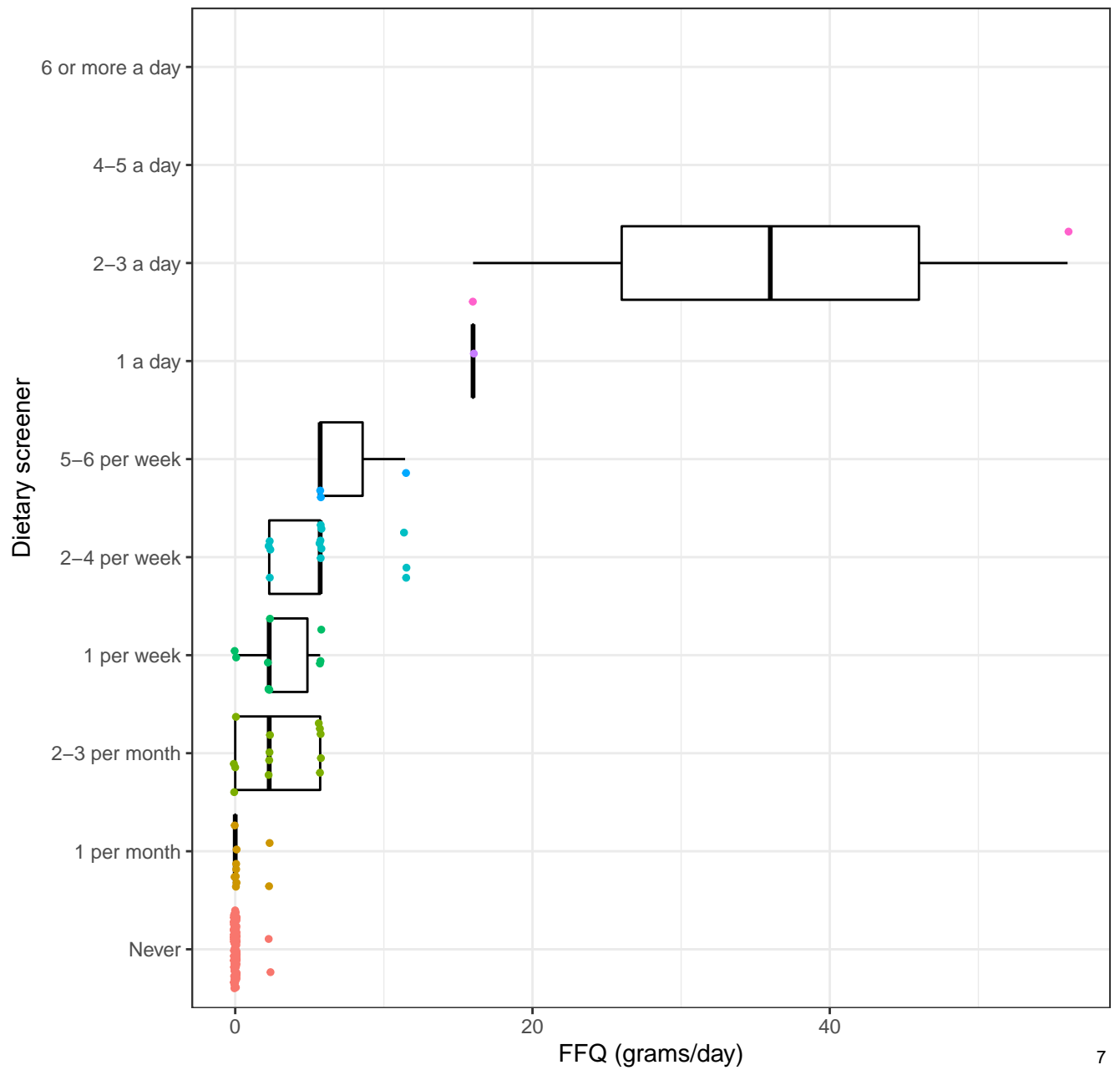


Figure S7. Box and whisker plot for “Yoghurt” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 * interquartile range convention.

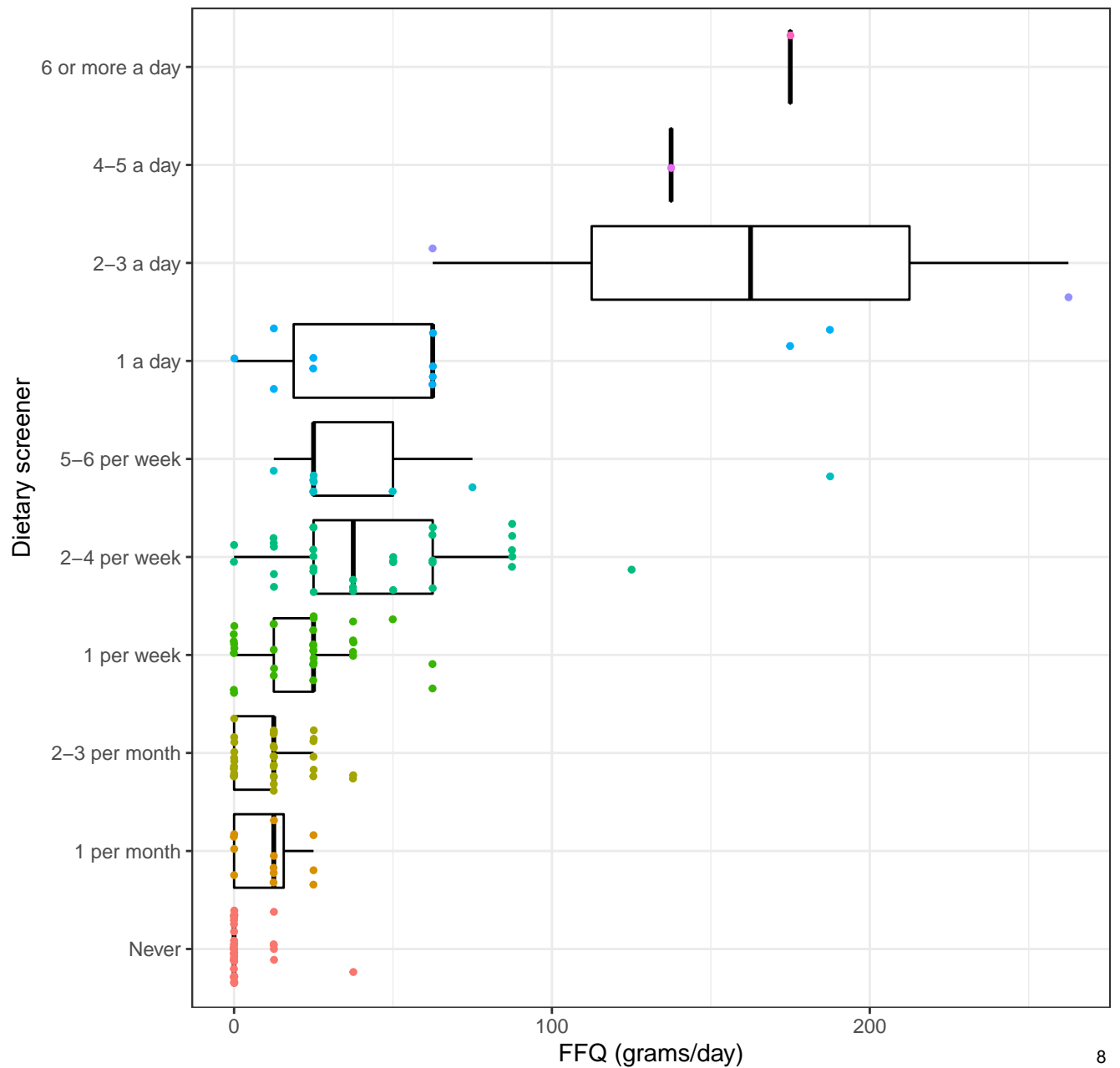


Figure S8. Box and whisker plot for “Cow milk” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 interquartile range convention.

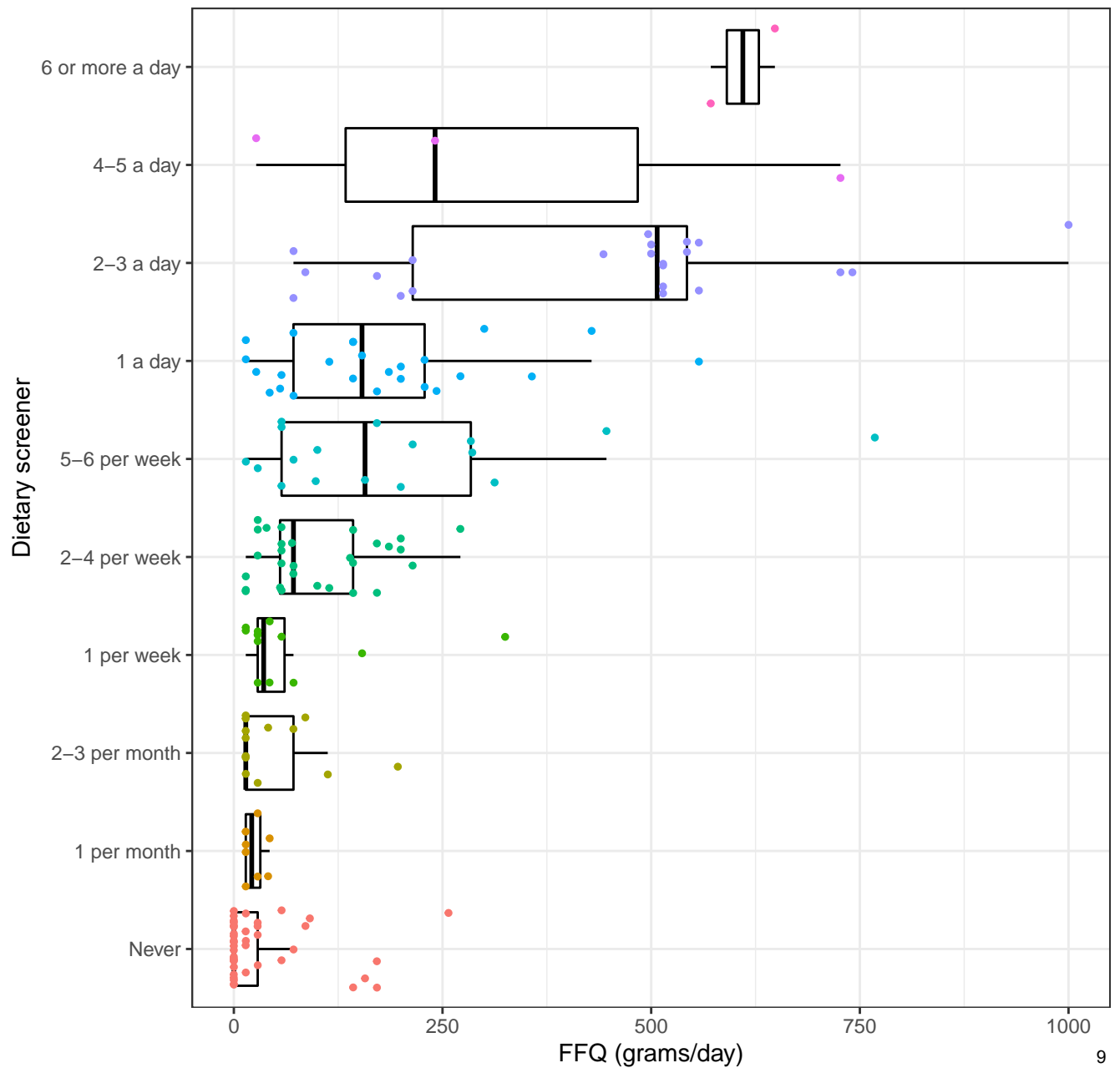


Figure S9. Box and whisker plot for “Plant-based milk” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

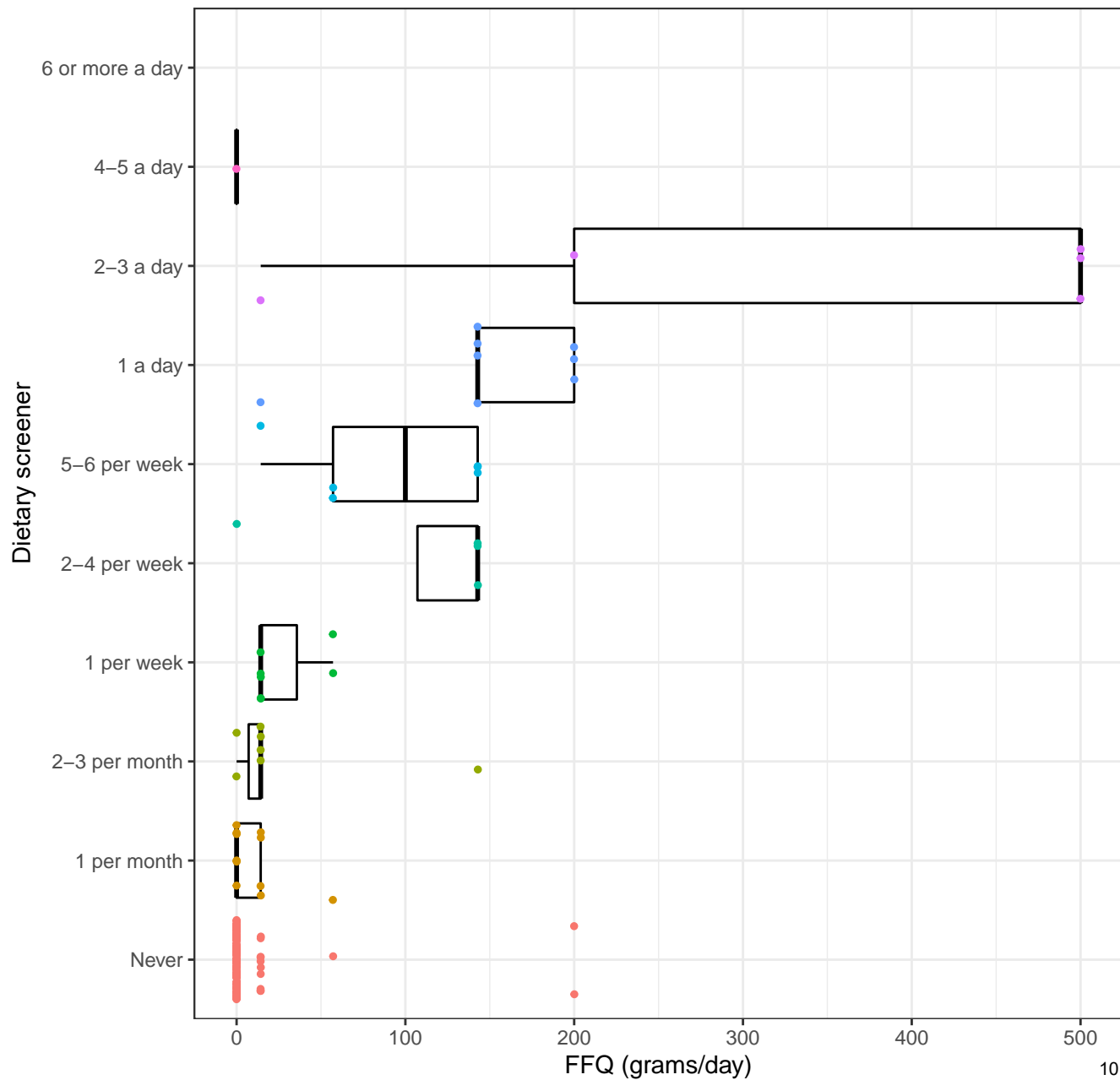


Figure S10. Box and whisker plot for “Juice/Smoothie” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

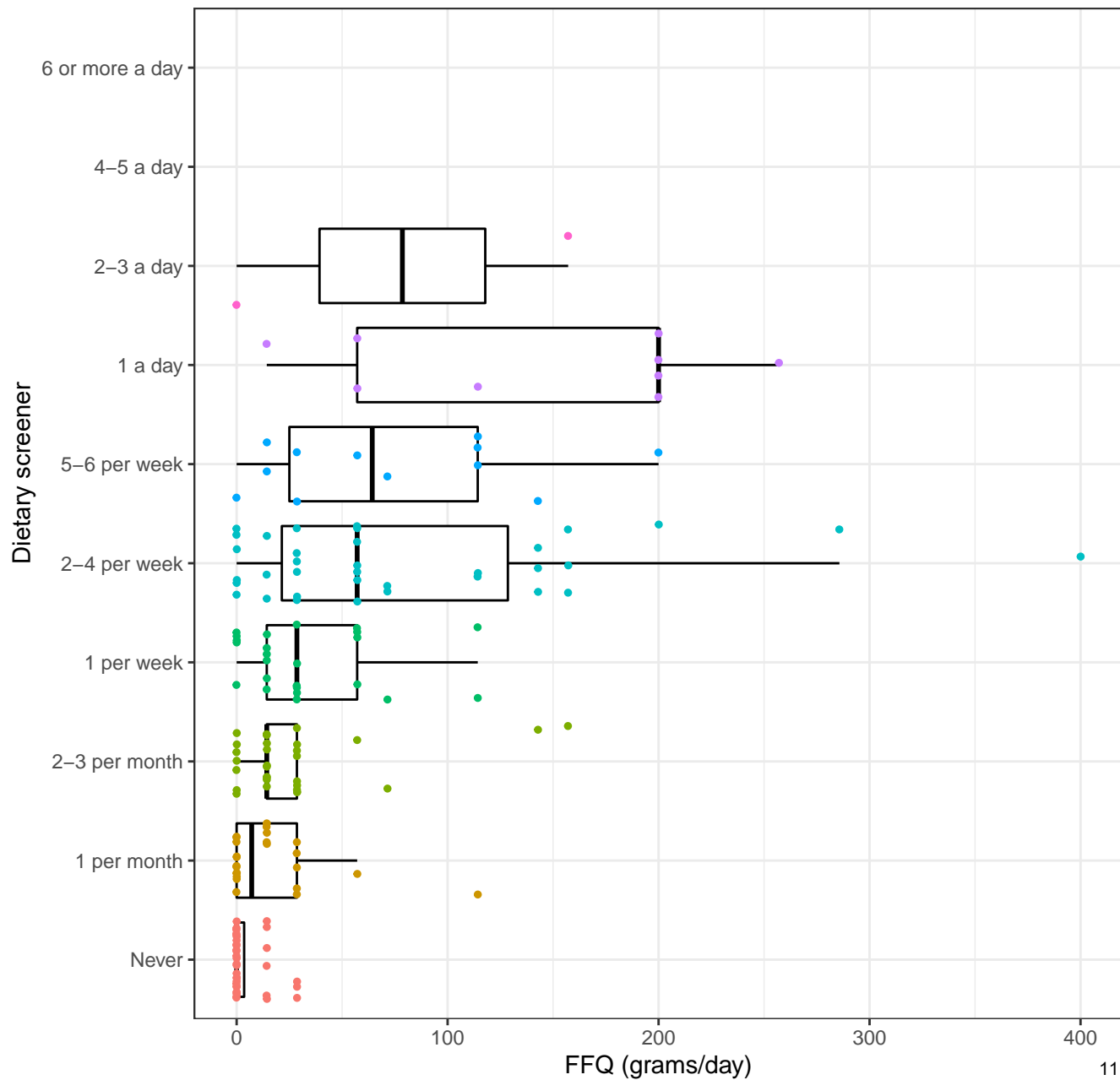


Figure S11. Box and whisker plot for “Fruit/berries (not juice/smoothie)” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

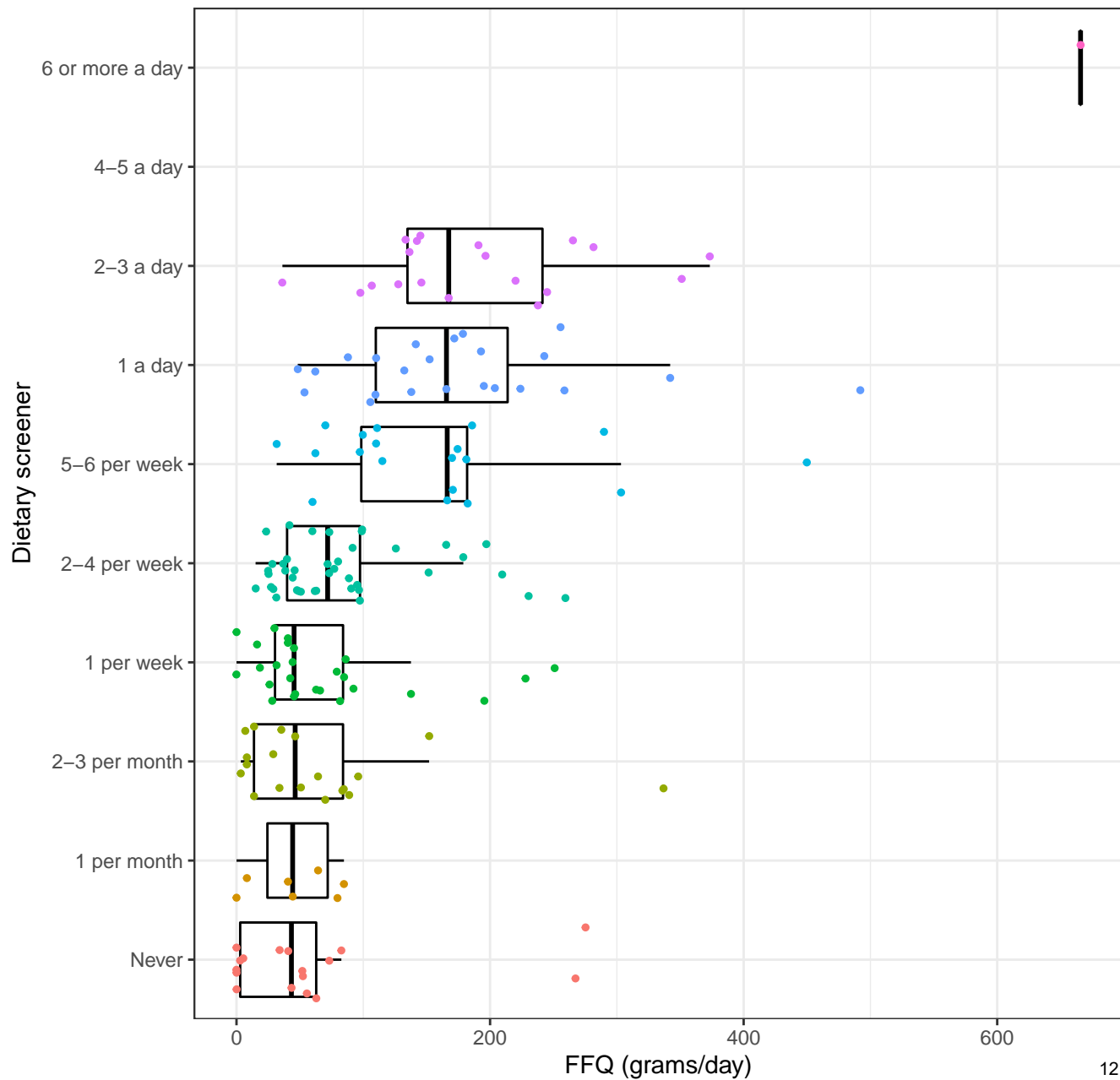


Figure S12. Box and whisker plot for “Vegetables (not potatoes)” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

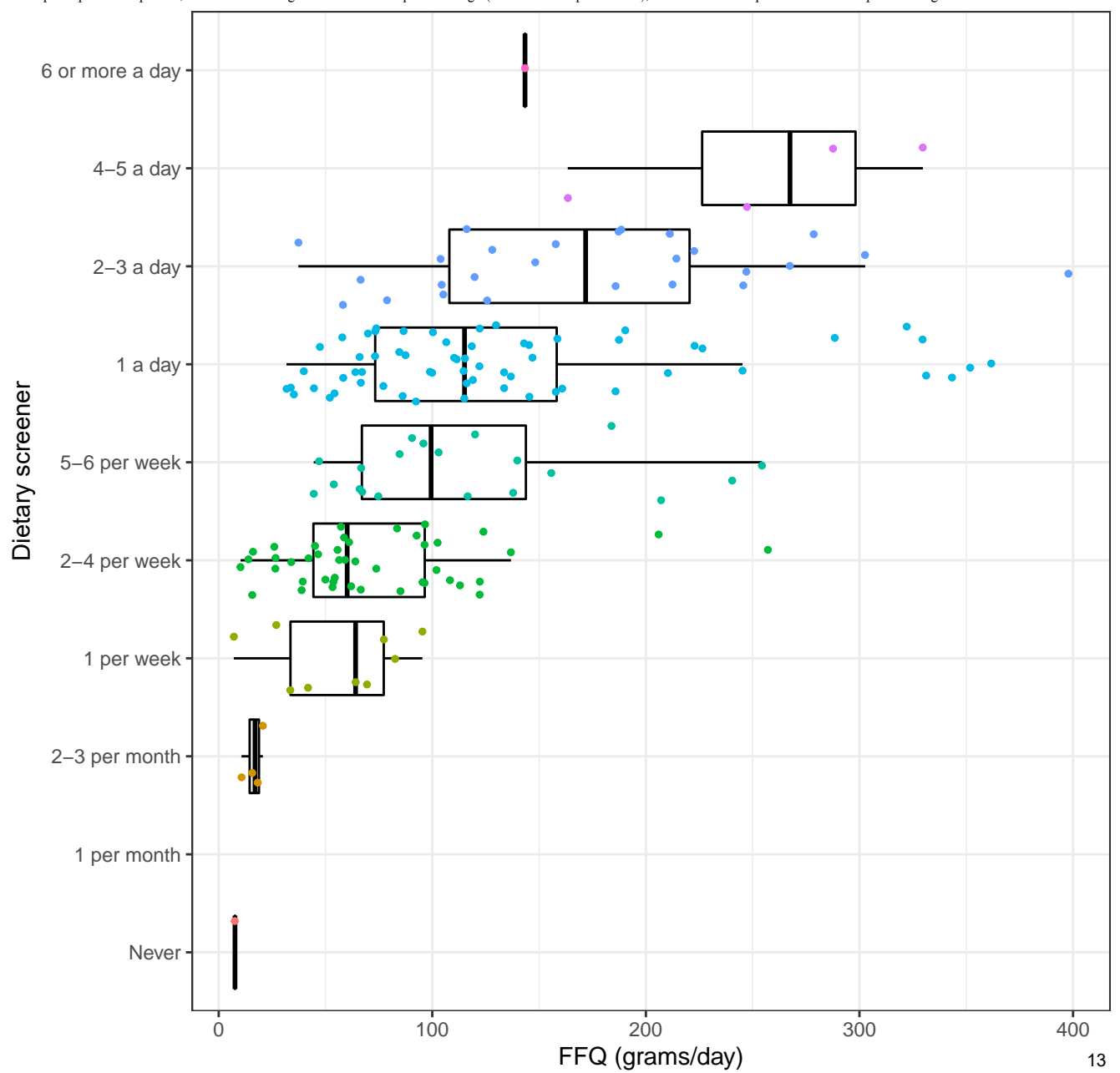


Figure S13. Box and whisker plot for “Beans/lentils/chickpeas/peas” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

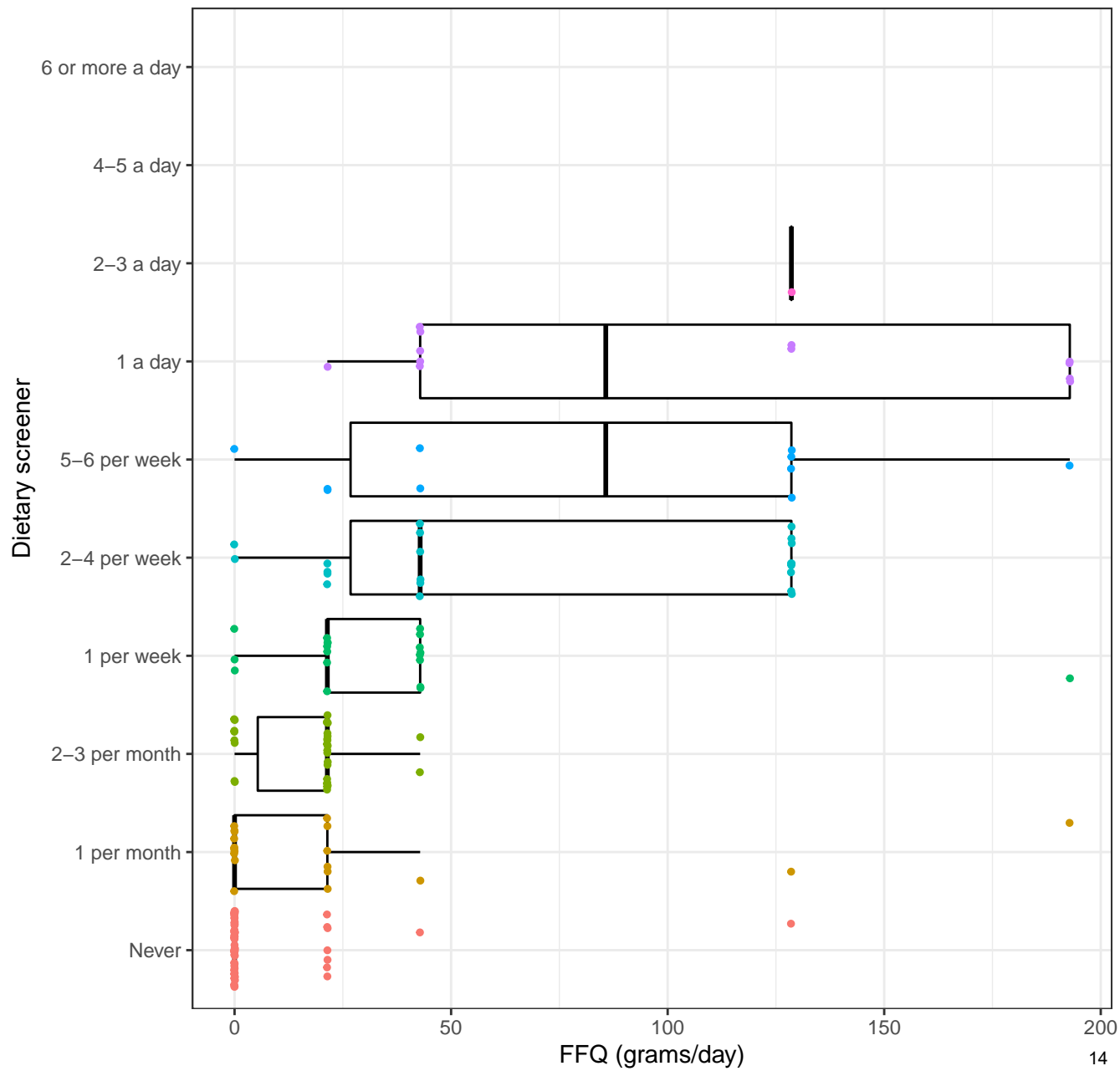


Figure S14. Box and whisker plot for “Fried potatoes/sweet potatoes” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 * interquartile range convention.

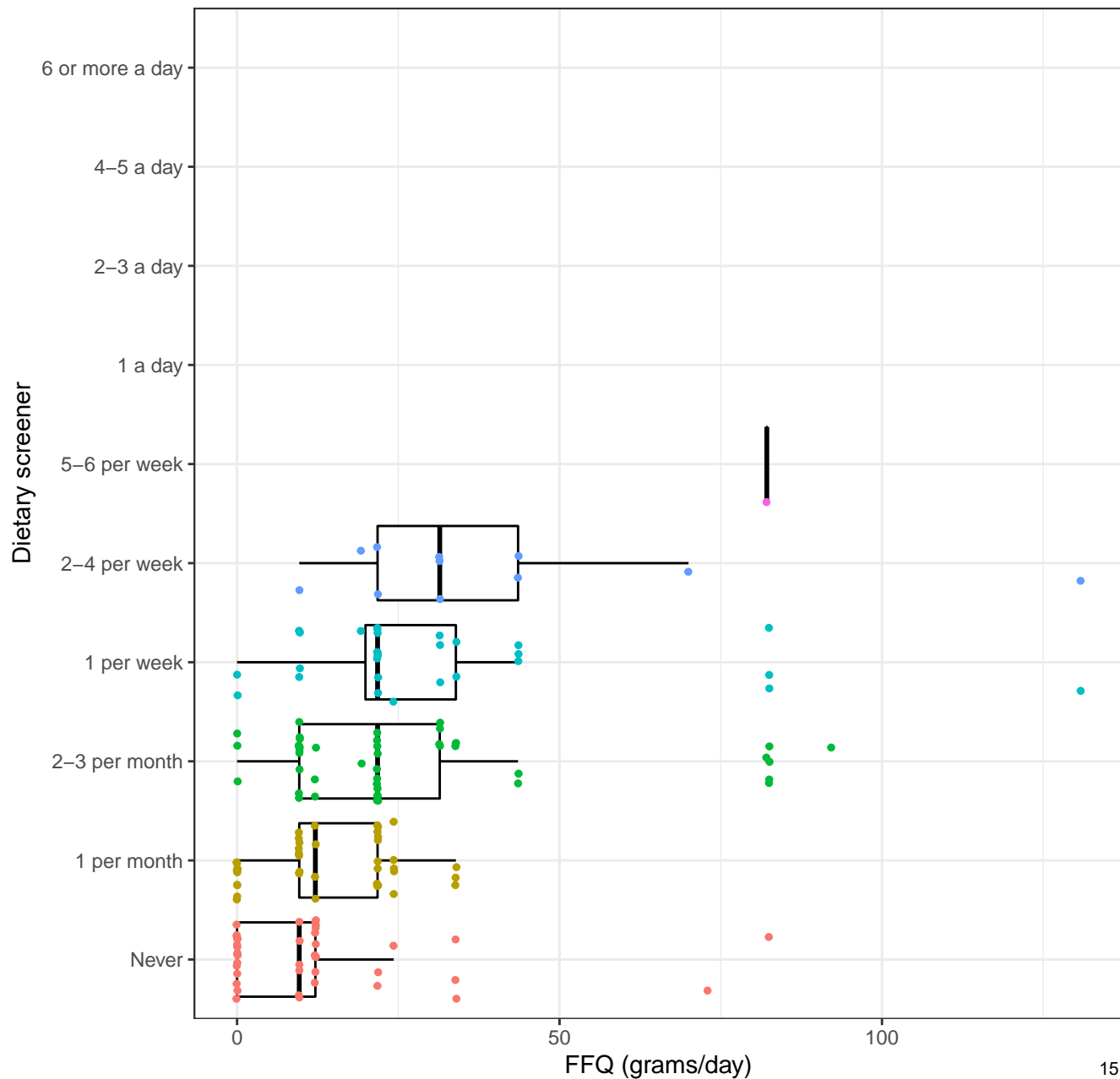


Figure S15. Box and whisker plot for “Potatoes/sweet potatoes” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

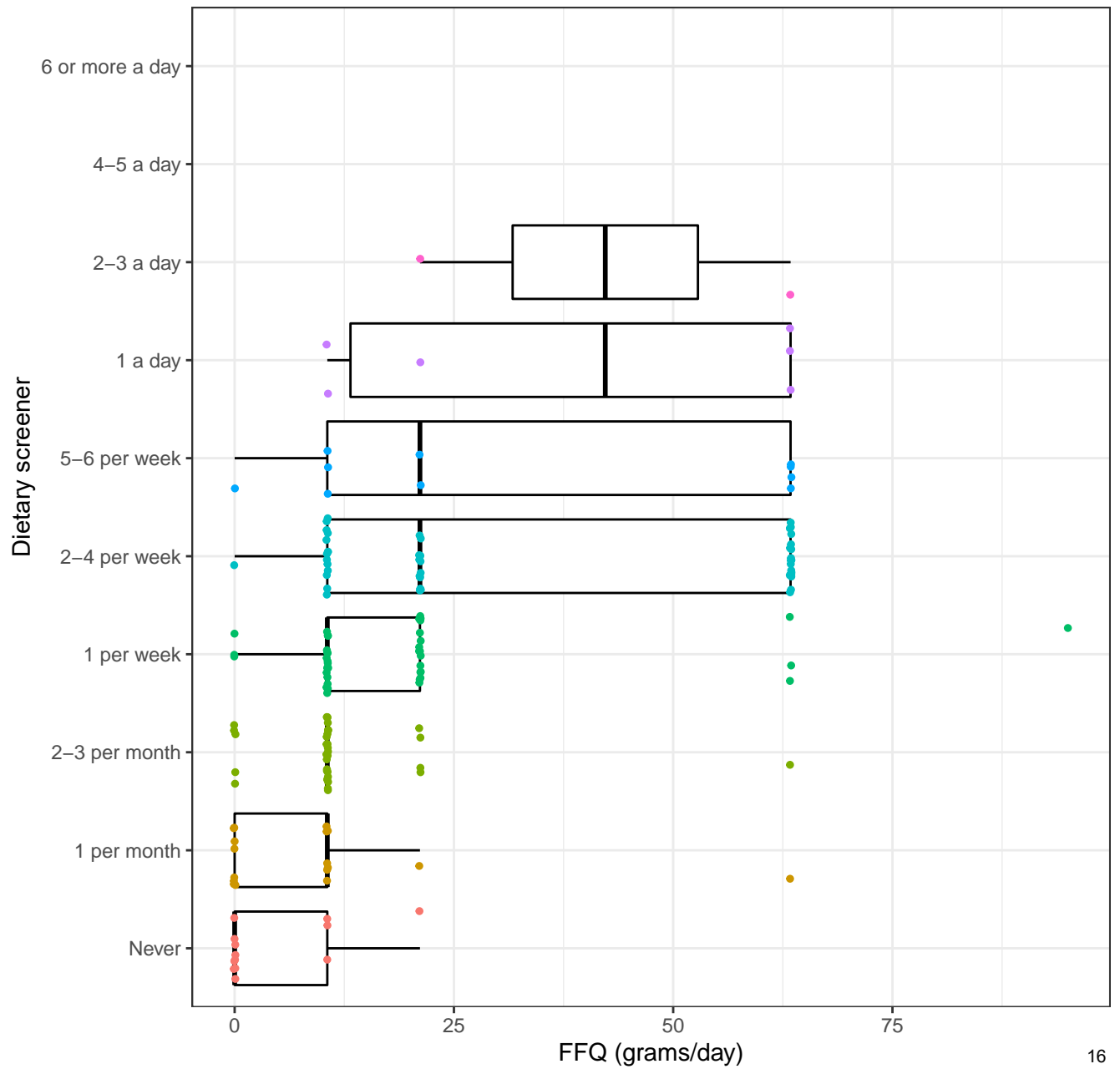


Figure S16. Box and whisker plot for “Whole grain (barley/pasta/couscous)” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 * interquartile range convention.

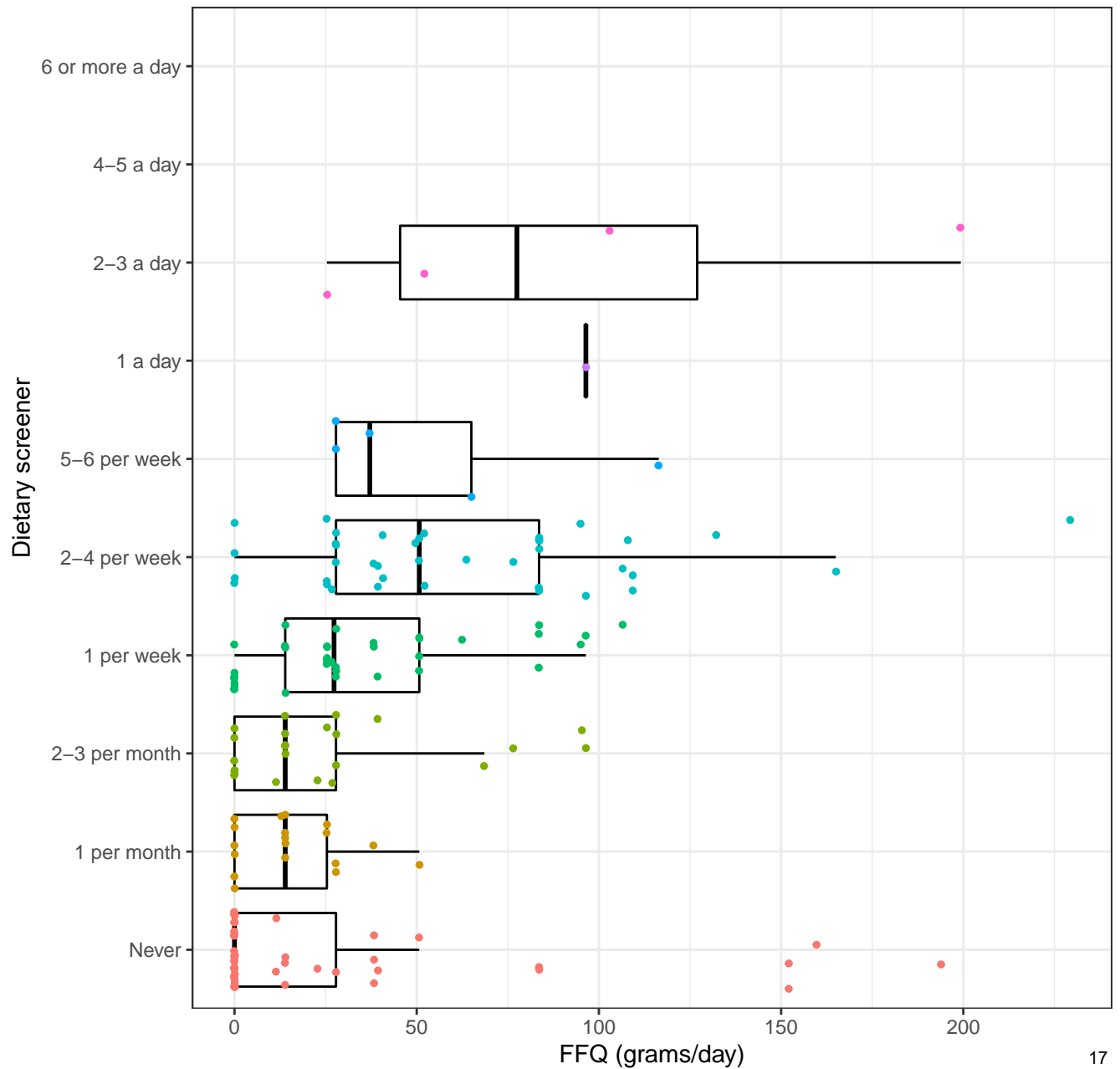


Figure S17. Box and whisker plot for “Pizza” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 * interquartile range convention.

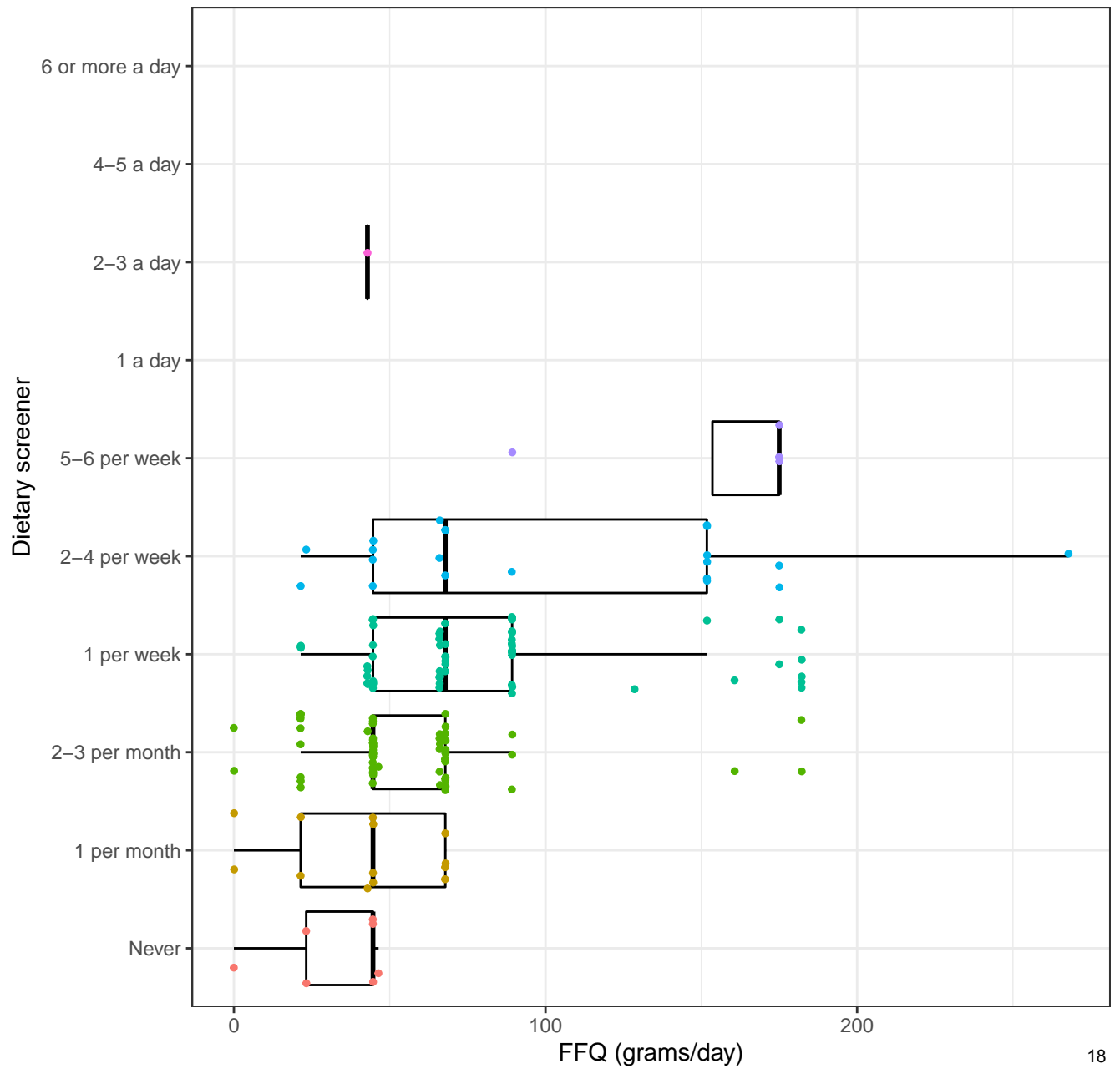


Figure S18. Box and whisker plot for “Tomato sauce” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

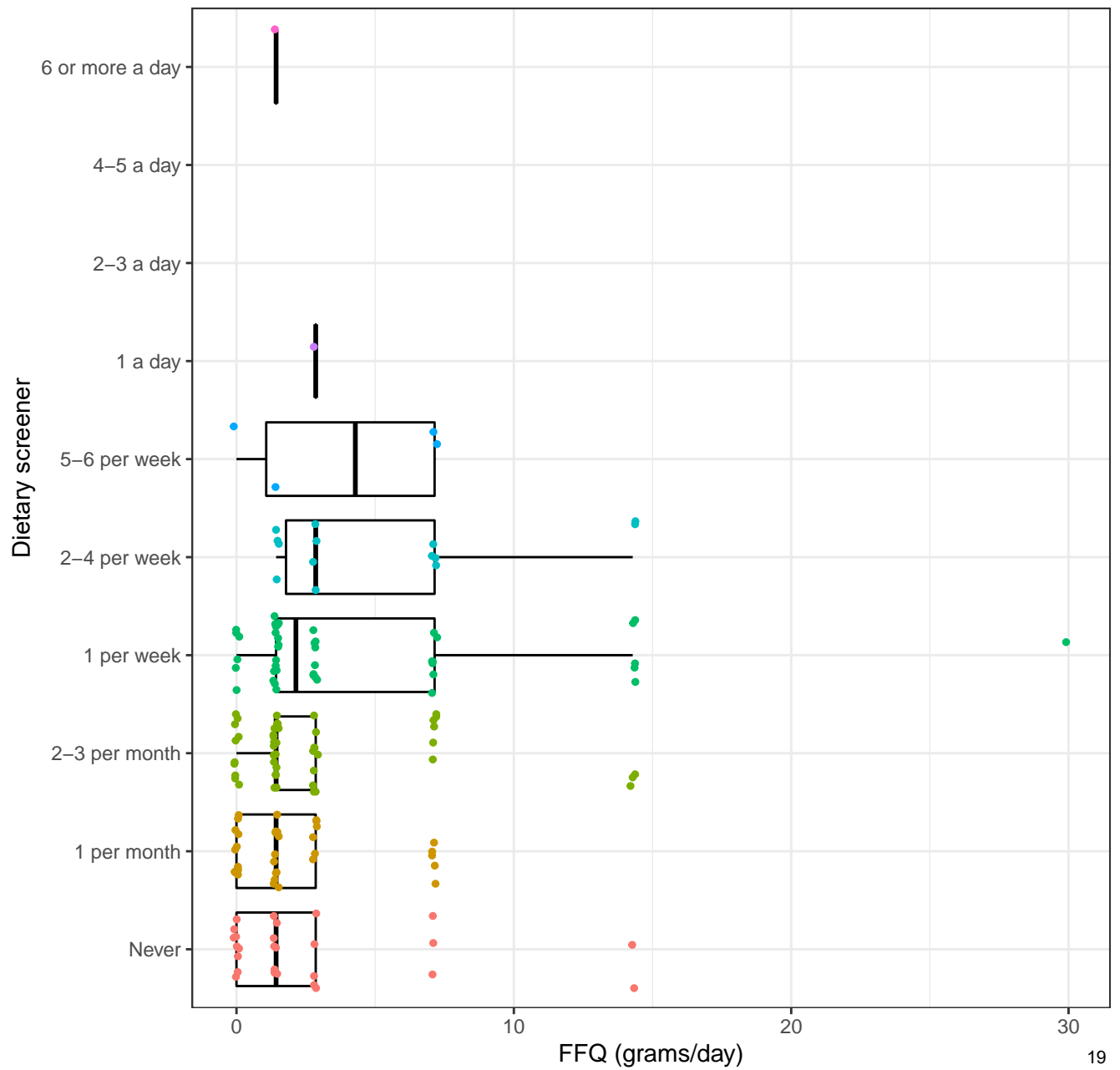


Figure S19. Box and whisker plot for “Red meat (beef/lamb/pork/goat)” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 * interquartile range convention.

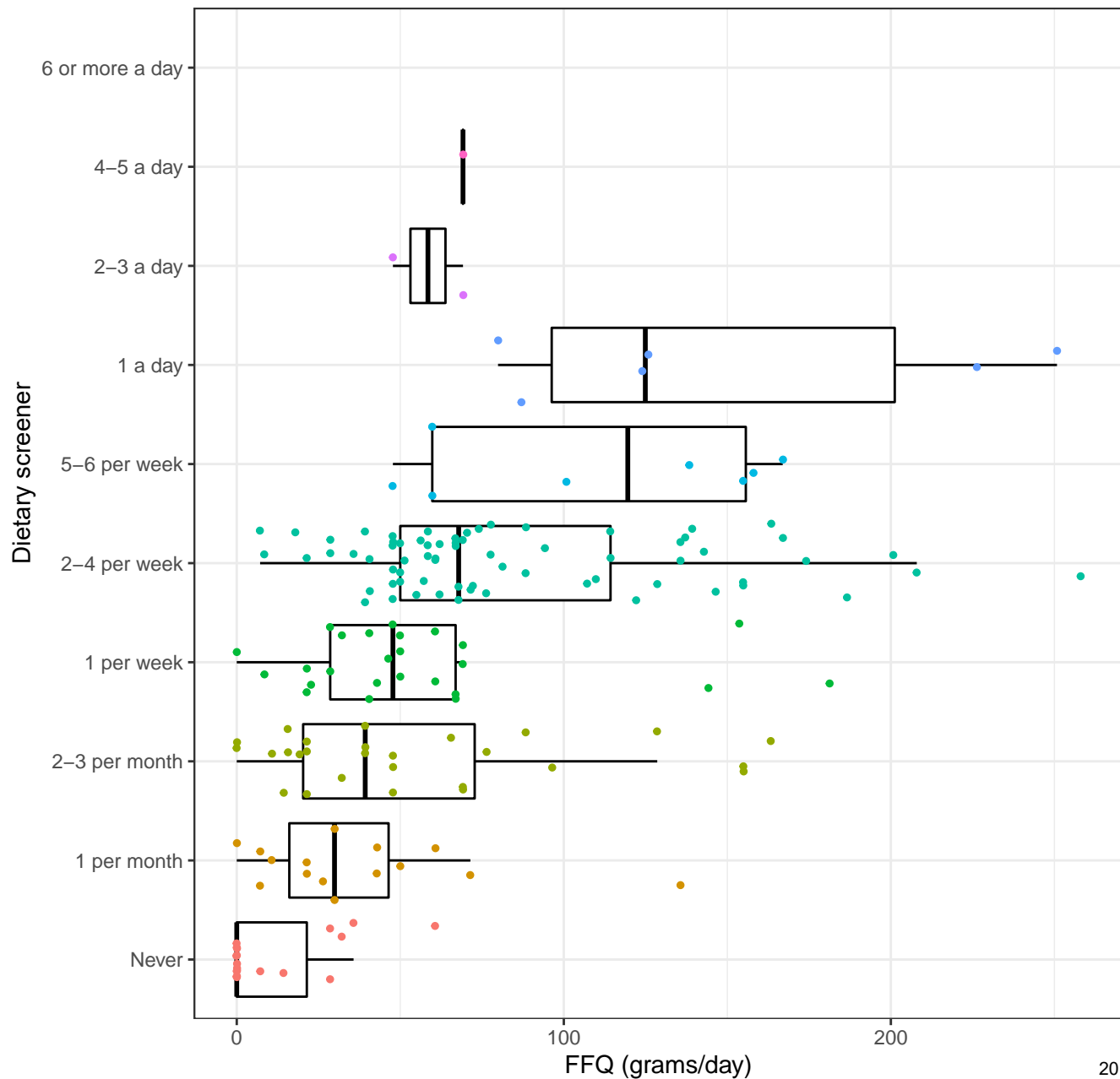


Figure S20. Box and whisker plot for “Processed meat” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

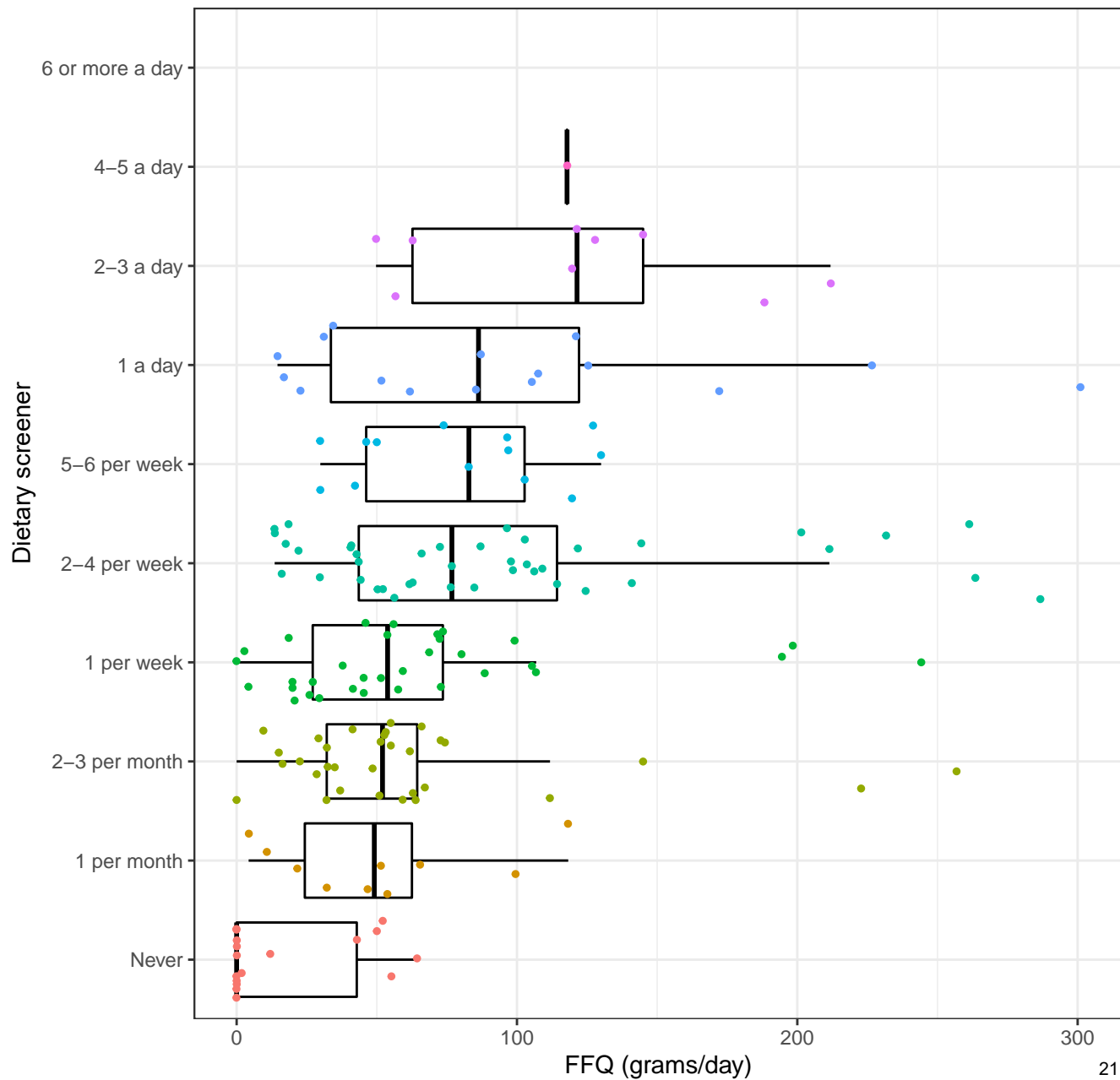


Figure S21. Box and whisker plot for “Fatty fish (salmon/mackerel)” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 * interquartile range convention.

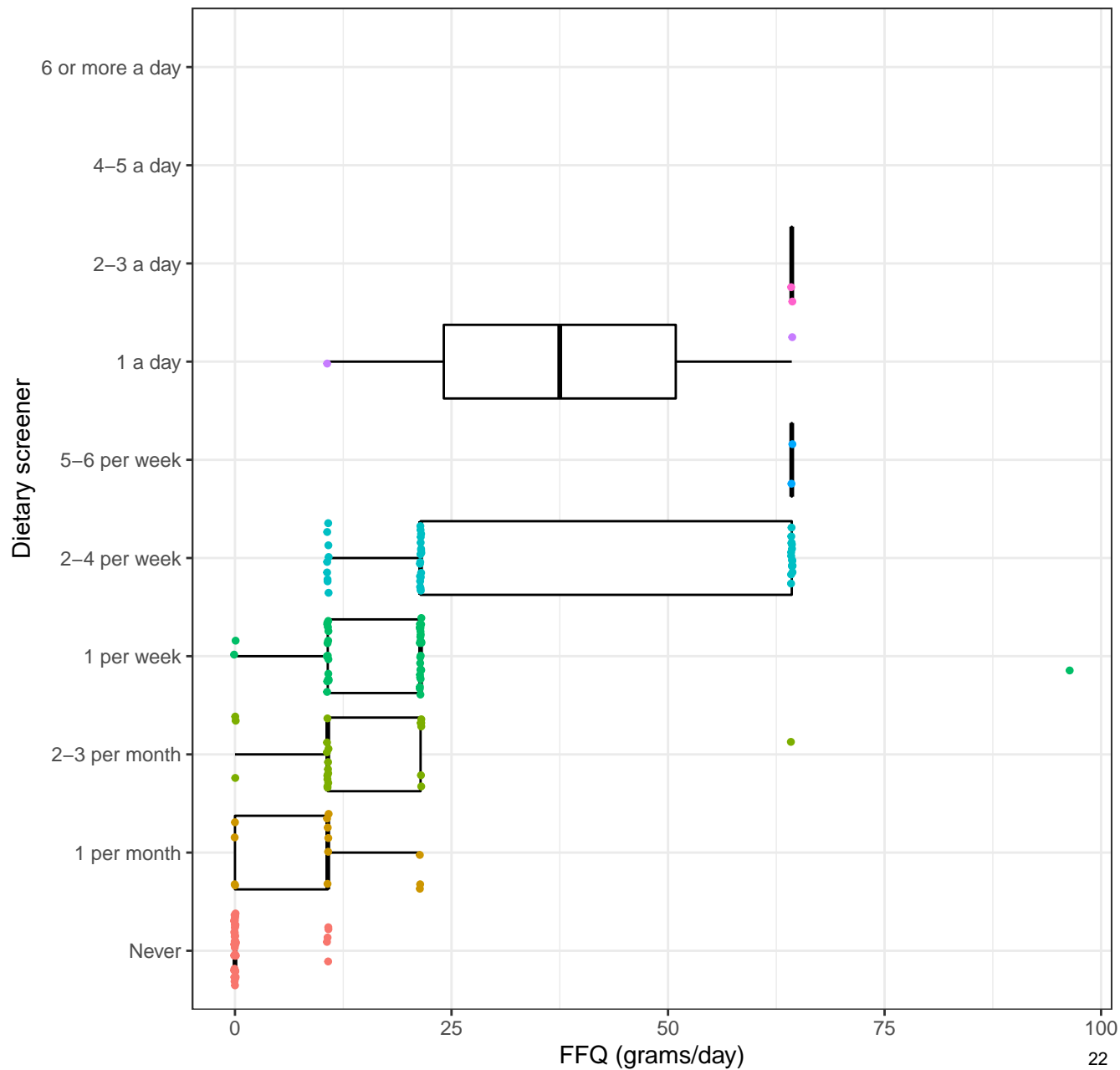


Figure S22. Box and whisker plot for “Lean fish (cod/pollock)” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

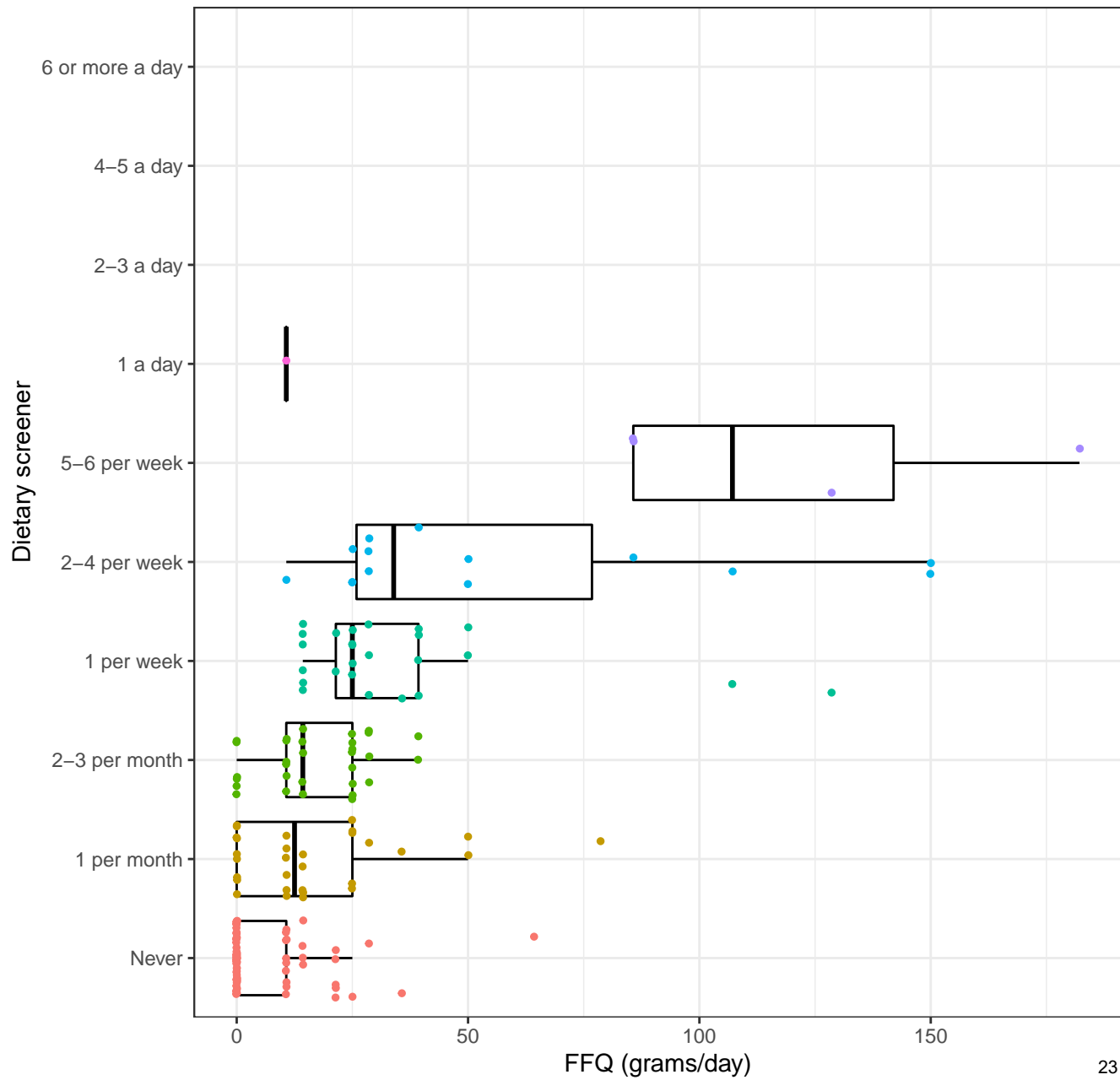


Figure S23. Box and whisker plot for “Salty snacks” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 * interquartile range convention.

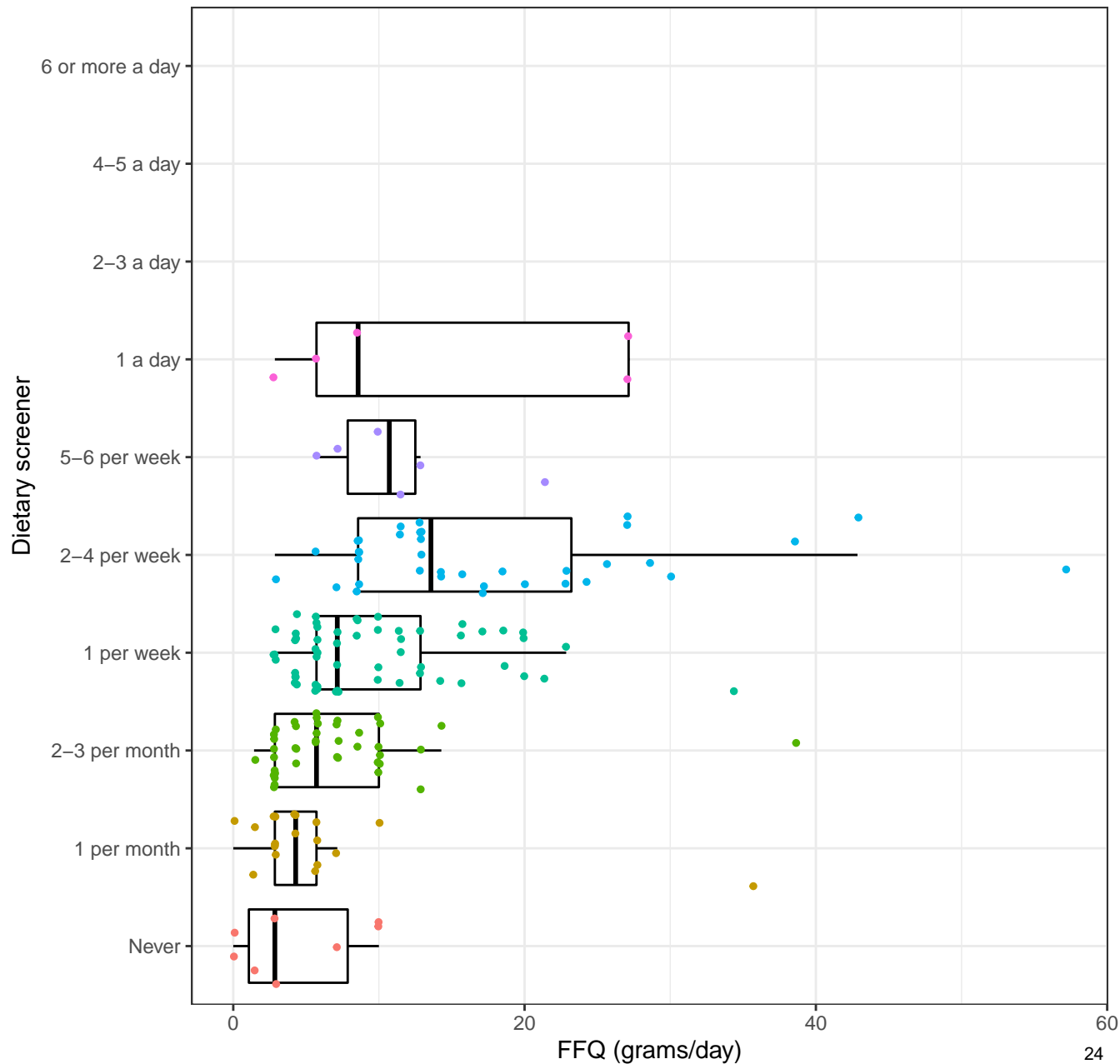


Figure S24. Box and whisker plot for “Candy/chocolate” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

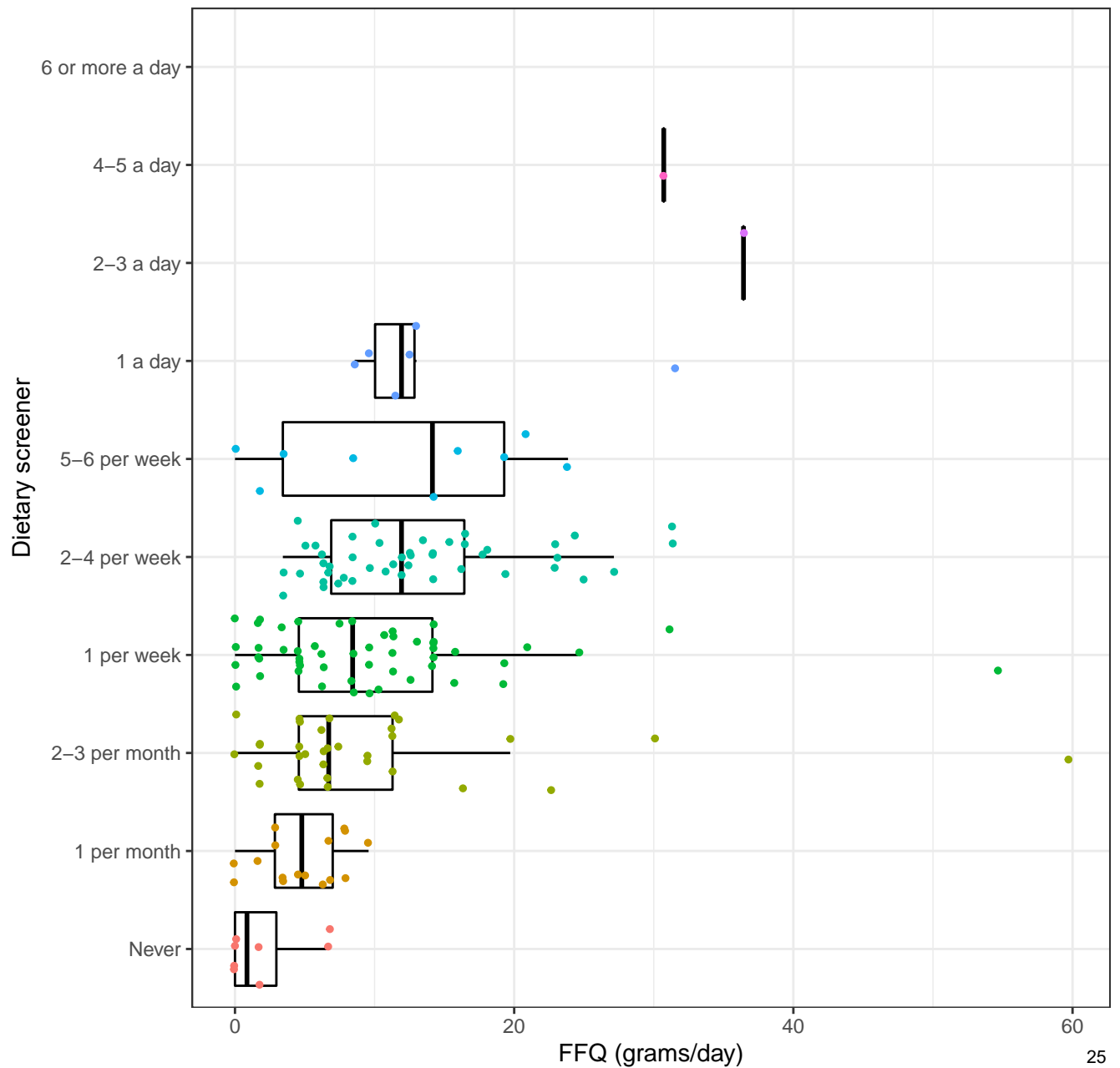


Figure S25. Box and whisker plot for “Waffles/buns/cake/biscuits” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

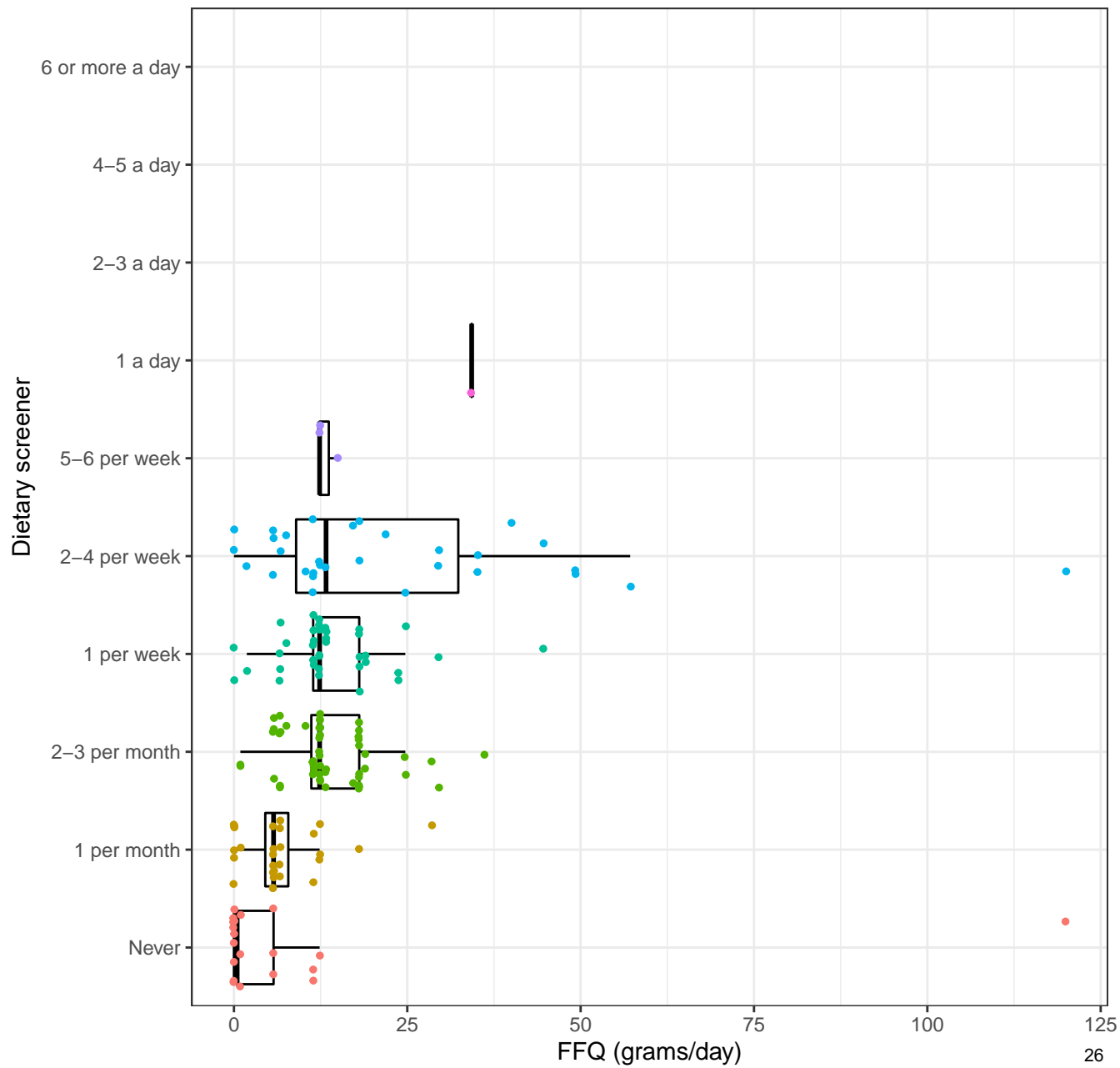


Figure S26. Box and whisker plot for “Ice cream/panna cotta/pudding etc” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

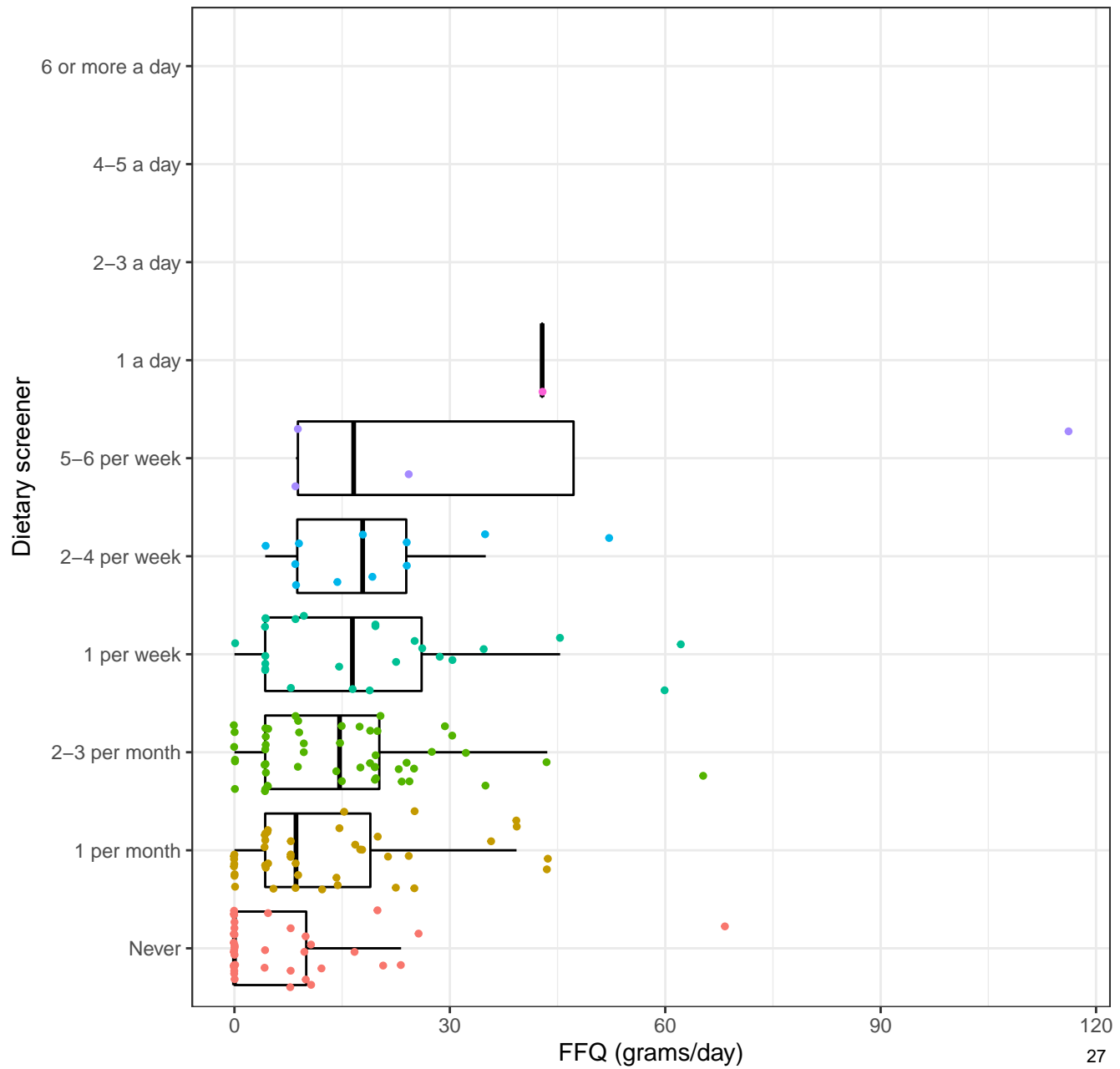


Figure S27. Box and whisker plot for “Sugar-sweetened beverages” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartil ± 1.5 *interquartile range convention.

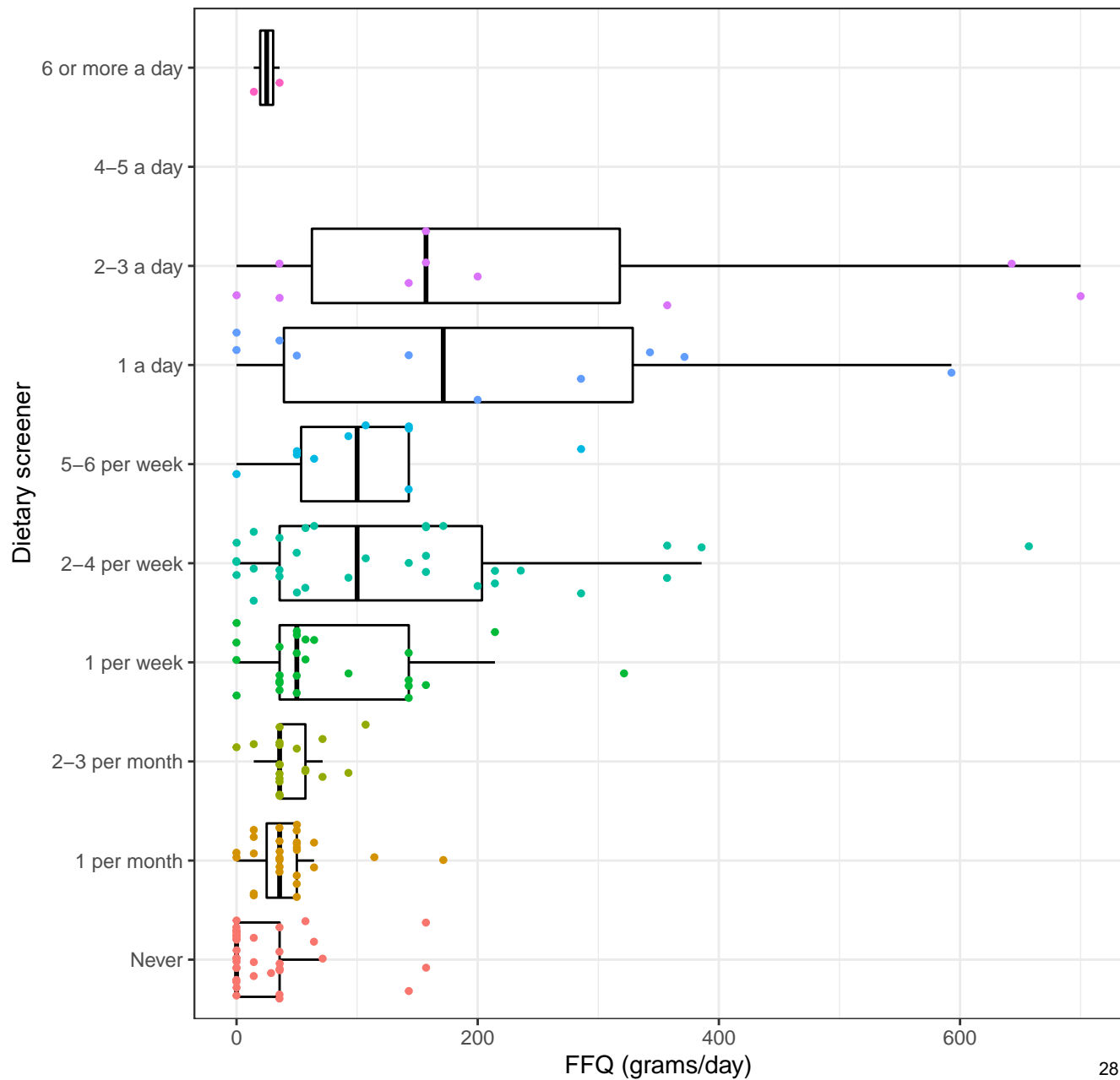


Figure S28. Box and whisker plot for “Energy drinks with sugar” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

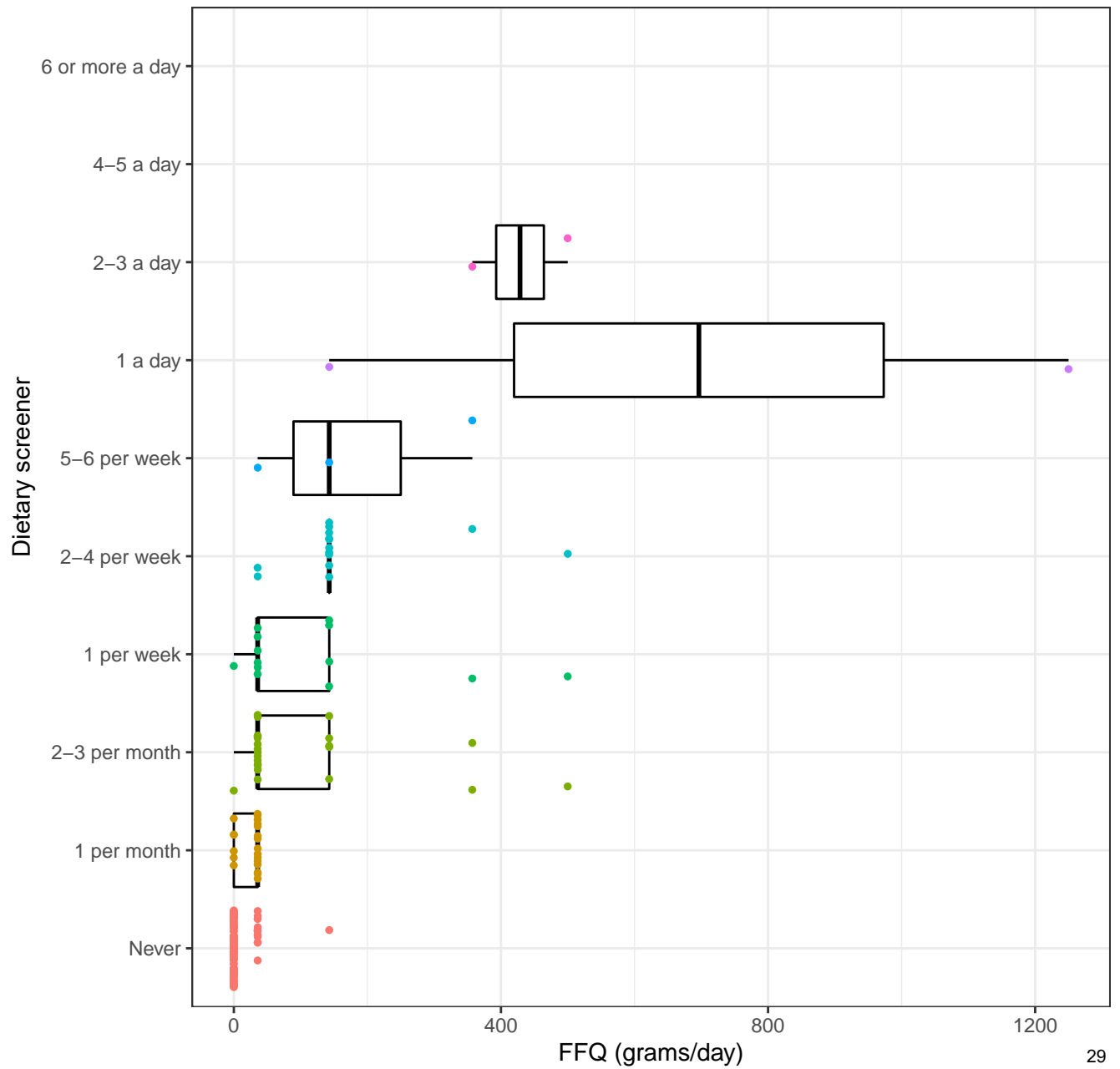


Figure S29. Box and whisker plot for “Coffee/tea with sugar/syrup/honey” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 *interquartile range convention.

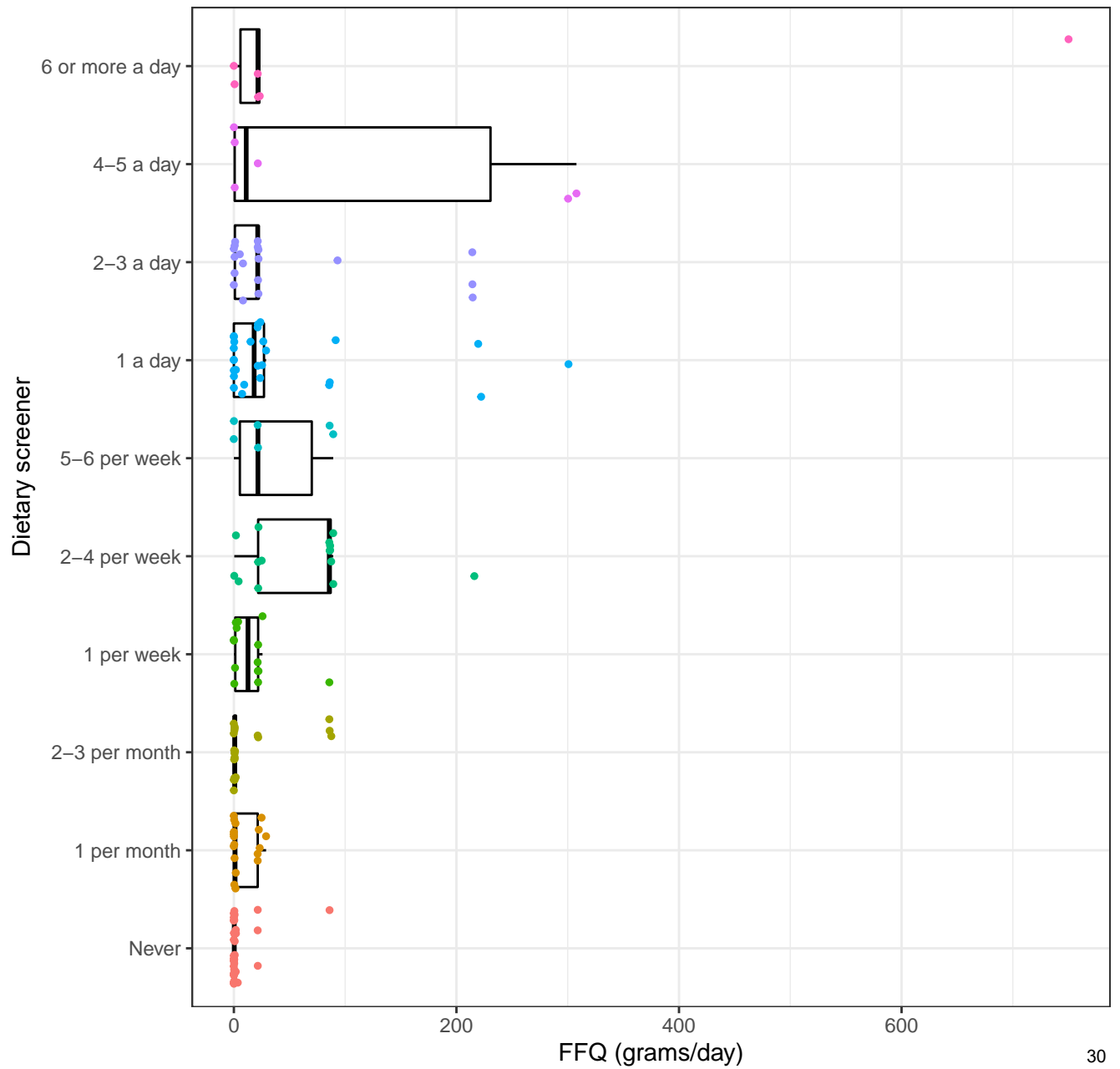


Figure S30. Box and whisker plot for “Alcoholic beverages” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile \pm 1.5*interquartile range convention.

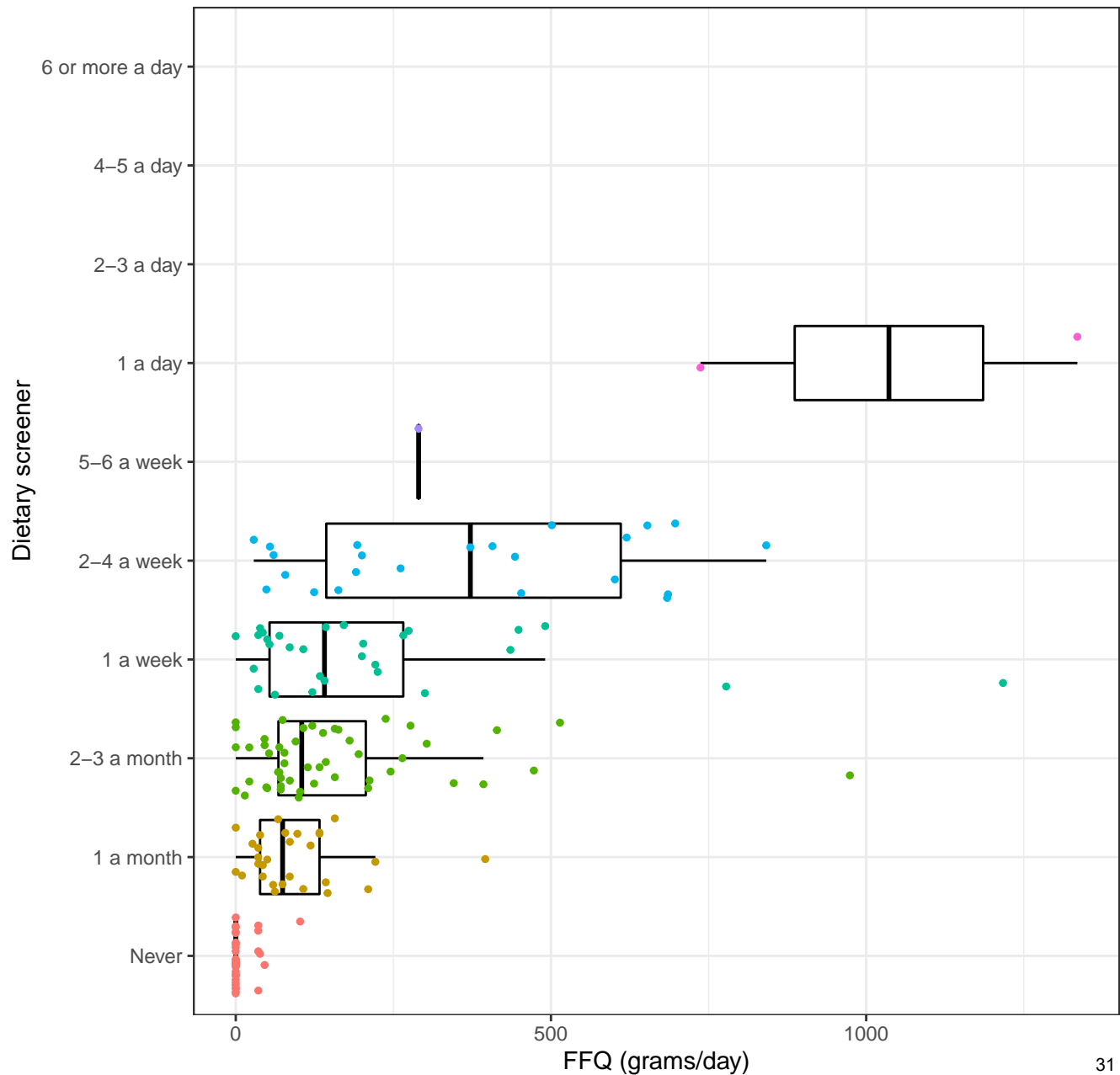


Figure S31. Box and whisker plot for “Water” in the dietary screener 'MyFoodMonth 1.1' compared to a semi-quantitative food-frequency questionnaire. Participants presented pooled, the box indicating median and interquartile range (25th and 75th percentiles), and whiskers as quartile ± 1.5 * interquartile range convention.

