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| --- | --- | --- | --- | --- |
| **Measure** | **Item number / Item** | **Anxiety domain /**  **Anxiety facet** | **Studies**  **(First author, year)** | **Strength of evidence** |
| EPDS | (3) *I have blamed myself unnecessarily when things went wrong* | *General distress*  Self-critical | Brouwers, 2001  Jomeen 2005a  Swalm 2010 | Moderate *(0.56 in Coates 2016)* |
| EPDS | (4) *I have been worried or anxious for no good reason* | *Anxious apprehension*    Worry | Brouwers, 2001  Jomeen 2005a  Swalm 2010  Coates 2016 | Strong |
| EPDS | (5) *I have felt scared or panicky for no very good reason* | *Fear*  Scared | Brouwers, 2001  Jomeen 2005a  Swalm 2010  Coates 2016 | Strong |
| HADS-A | (3) *I get a sort of frightened feeling as if something awful is going to happen* | *Anxious apprehension*  Worried that something bad may happen | Karimova 2003  Jomeen 2004 | Strong |
| HADS-A | (5) *Worrying thoughts go through my mind* | *Anxious apprehension*  Worry | Karimova 2003  Jomeen 2004 | Strong |
| HADS-A | (13) *I get sudden feelings of panic* | *Fear*  Fearful/terrified | Karimova 2003  Jomeen 2004 | Strong |
| STAI  (State form) | *(3) I am tense* | *Anxious apprehension*  Nervous/motor tension | Marteau 1992  Bayrampour 2014 | Strong |
| STAI  (State form) | *(6) I am upset* | *General distress*  Feeling upset | Marteau 1992  Bayrampour 2014 | Strong |
| STAI  (State form) | *(17) I am worried* | *Anxious apprehension*  Worry | Marteau 1992  Bayrampour 2014 | Strong |
| GAD-7 | (3) *Worrying too much about different things* | *Anxious apprehension*  Worry (generalised) | Zhong 2015 | Strong |
| GAD-7 | (2) *Not being able to stop or control worrying* | *Anxious apprehension*  Worry  (Inability to control worrying) | Zhong 2015 | Strong |
| BMWS | *All items* | *Anxious apprehension*  Worry | Austin  2007 | Strong |
| CWS | (1)*The possibility of something being wrong with the baby* | *Pregnancy-related anxiety*  Worried about baby’s health | Green 2003  Petersen 2009  Carmona Monge 2012  Gourounti 2012 | Strong |
| CWS | (2) *Giving birth* | *Pregnancy-related anxiety*  Fear of childbirth | Green 2003  Petersen 2009  Carmona Monge 2012  Gourounti 2012 | Strong |
| CWS | (3) *The possibility of miscarriage* | *Pregnancy-related anxiety*  Worried about miscarriage | Green 2003  Petersen 2009  Carmona Monge 2012  Gourounti 2012 | Strong |
| CWS | (7) *Coping with the new baby* | *Pregnancy-related anxiety*  Worried about future parenting | Green 2003  Carmona Monge 2012  Gourounti 2012 | Moderate (*0.58 in Petersen 2009)* |
| CWS | (8) *Going to hospital* | *Pregnancy-related anxiety*  Worried about being in hospital | Green 2003  Petersen 2009  Carmona Monge 2012 | Moderate *(0.47 in Gourounti 2012)* |
| CWS | (9) *Internal examinations* | *Pregnancy-related anxiety*  Worried about being in hospital | Green 2003  Petersen 2009  Carmona Monge 2012 | Moderate (*0.61 in Gourounti 2012)* |
| W-DEQ | *Several items* | *Pregnancy-related anxiety*  Fear of childbirth | Wijma 1998  Jonhson 2002  Fenaroli 2013 | Strong |
| W-DEQ | *Several items* | *Pregnancy-related anxiety*  Negative feelings towards childbirth | Wijma 1998  Jonhson 2002  Fenaroli 2013 | Strong |
| W-DEQ | *Several items* | *Pregnancy-related anxiety*  Worried about baby’s safety | Jonhson 2002  Fenaroli 2013 | Moderate *(Contrasting results in Wijma, 1998)* |
| PRAQ-R | *Two items* | *Pregnancy-related anxiety*  Fear of childbirth | Huizink 2004  Westerneng 2015  Huizink 2016 | Strong |
| PRAQ-R | *Three items* | *Pregnancy-related anxiety*  Fear about baby’s health | Huizink 2004  Westerneng 2015  Huizink 2016 | Strong |
| PRAQ-R | *Three items* | *Pregnancy-related anxiety*  Concern about one’s appearance | Huizink 2004  Westerneng 2015  Huizink 2016 | Strong |

*BMWS: Brief Measure of Worry Severity; CWS: Cambridge Worry Scale; EPDS-A: Edinburgh Postnatal Depression Scale – Anxiety subscale; GAD-7 = Generalised Anxiety Disorder – 7; HADS-A: Hospital Anxiety and Depression Scale – Anxiety subscale; PRAQ-R: Pregnancy-Related Anxiety Questionnaire- Revised; STAI: State-Trait Anxiety Inventory; W-DEQ: Wijma Delivery Expectancy/Experience Questionnaire*