

Appendix A - Primary items of the diagnosis-specific Decision Tools

1. Severe primary diagnosis

Decision Tool	Item
Eating Disorders	Various items that give an indication of the severity of the eating disorder, such as: <ul style="list-style-type: none">– Extreme low BMI or extreme high BMI– Duration of the disorder ≥ 2 years
Personality Disorders	Severity of the personality disorder
Unipolar Depression	Does the patient have severe depression?
Anxiety Disorders	Does the patient have a severe anxiety disorder, OCD, or PTSD?

2. Treatment-interfering psychiatric comorbidity

Decision Tool	Item
Eating Disorders	Presence of two of more axis I or II comorbidities that interfere with the eating disorder or the treatment of the eating disorder
Personality Disorders	Axis I and/or II comorbidity
Unipolar Depression	Does the patient have other severe psychiatric comorbidity that interferes with the depression treatment?
Anxiety Disorders	Does the patient have at least one diagnosed comorbid psychiatric disorder that interferes with the anxiety, OCD, or PTSD treatment?

3. Treatment-interfering somatic comorbidity

Decision Tool	Item
Eating Disorders	Presence of somatic comorbidity
Personality Disorders	-
Unipolar Depression	Does the patient have somatic comorbidity that interferes with the depression treatment?
Anxiety Disorders	Poor physical health

4. Treatment-interfering psychosocial dysfunctioning

Decision Tool	Item
Eating Disorders	-
Personality Disorders	Severe psychosocial dysfunctioning (GAF \leq 50)
Unipolar Depression	Does the patient exhibit severe psychosocial dysfunctioning?
Anxiety Disorders	Does the patient exhibit severe psychosocial dysfunctioning that interferes with the anxiety, OCD, or PTSD treatment?

5. Severe or longstanding childhood trauma

Decision Tool	Item
Eating Disorders	-
Personality Disorders	Severe chronic childhood trauma
Unipolar Depression	Does the patient have a history of prolonged trauma/neglect in childhood?
Anxiety Disorders	-

6. Previous unsuccessful treatment of the current primary diagnosis in specialized care

Decision Tool	Item
Eating Disorders	Previous unsuccessful treatments in specialized mental healthcare
Personality Disorders	Previous unsuccessful treatments in specialized mental healthcare
Unipolar Depression	In the index episode, have there been any unsuccessful previous treatments in specialised mental health care and does the patient have a - recurrent (more than 2 episodes in the past 5 years) or - chronic (>2 years) course of depression?
Anxiety Disorders	Have there been any unsuccessful treatments in specialized mental healthcare for the primary diagnoses?