

**Supplementary table 1.** Study attrition by group at 8 weeks and 12 months postnatal

	Healthy (n = 51)	History-only (n = 28)	Depressed (n = 52)	Statistical test and significance
Did not participate at 8 weeks, n (%)	2 (3.9)	3 (10.7)	5 (9.6)	$\chi^2(2) = 2.691, p = 0.260$
Did not participate at 12 months, n (%)	8 (15.7)	3 (10.7)	8 (15.8)	$\chi^2(2) = 0.414, p = 0.813$