

Supplementary Figure 2. Risk of bias assessment summary

(a)

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Hinton 2020	?	?	-	-	?	+	?
Katsuki 2018	+	+	-	-	+	+	?
Kummar 2015	-	?	?	?	+	?	?
Lemmens 2009	+	+	-	-	-	?	?
Seikkula 2013	?	?	-	-	-	?	?

(b)

