**­­­Appendix B**

Three categories of problematic substance use are used in this study. Differentiation is based on the manual of the Historisch, Klinisch, Toekomst –Revisie (Historical, Clinical, Future – Revised; HKT‐ R),(1) and identification of hard drugs under the Dutch law.(2,3)

**Common substances of abuse encountered in clinical practice, classified as *hard drugs***

* Opiates and derivatives (heroin, fentanyl, morphine and oxycodone)
* Psychostimulants (cocaine, amphetamine and derivatives, cathinone and derivatives)
* Hallucinogens and dissociatives (ketamine, psilocybin and lysergic acid diethylamine)
* Sedatives (benzodiazepines and gamma hydroxy butyrate)

**References**

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